THE END
DEMI MOORE FILES FOR DIVORCE FROM ASHTON {page 44}

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Flu shot denied to man with HIV

Pharmacist claimed location not set up to handle patient

Dirty, embarrassed and humiliated was how a Calgary man with HIV was left feeling after being denied a standard flu shot because of the virus.

Nick, who requested his last name be withheld, headed to the Co-op Midtown Market pharmacy Wednesday for a pre-arranged appointment to receive this year's flu vaccine.

In the moments leading up the shot, the pharmacist asked if there was anything else she should be made aware of. Nick informed her that he'd been diagnosed with HIV in June.

"She ran out of the room to talk to someone, came back and said we are not set up for this," Nick said.

The pharmacist claimed the vaccine could negatively react with Nick's medication, but he informed her he wasn't taking any.

"They still wouldn't do it," he said. "That was it — I wasn't going to demand they poke me."

Co-op spokesperson Karen Allan said her organization has since apologized and plans to readdress procedures with all of its certified pharmacists in the city.

"It's the pharmacist's personal knowledge," she said. "If they don't feel comfortable because they don't have the knowledge, that's when they refer them to someone else."

AIDS Calgary executive director Simonne LeBlanc said while the incident seems to stem from the misunderstanding of one pharmacist, it was still unfortunate.

"HIV is a hugely stigmatized illness and, man, people get all kinds of weird reactions around people that have it, and that's really sad," she said.

Nick has already taken his concerns to the Alberta College of Pharmacists and was considering filing a formal complaint with the Alberta Human Rights Commission.

"Being new to this, it was awful," he said. "I was disgusted and wonder if others had experienced the same thing in the past."

JEREMY NOLAIS

Metro. Feature

▶ A polar bear rolls in the snow and mud outside Churchill, Man. Polar bears are on the front lines of climate change, and the strain is already starting to show. More on pages 21-24.

ELISHA DACEY/METRO WINNIPEG

Bear witness to climate change

Crime Stoppers

In dire need of funds

Tough financial times faced by Crime Stoppers ◐ Organization is a registered charity {page 2}

It's a small world

Schools enjoy International Education Week {page 12}

Protesters clash with police

Arrests made as Occupy demonstrators make their mark {page 16}

MP causes stir on Twitter

MP unleashes profanity over Tories shutting down debate on a budget bill {page 27}

1 news

It's not down to the day, but researchers have gotten closer to pinpointing when most life on our planet became extinct. Scan the code for the story.

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On the web at metronews.ca

People magazine failed to name Ryan Gosling Sexiest Man Alive, and fans are not taking it lying down. Video at metronews.ca/video

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Mom of baby found in garbage charged

Police have charged a mother more than a year after her baby was found wrapped in a garbage bag inside a northwest Calgary garbage bin.

Meredith Katharine Borowiec, 30, made her first court appearance Thursday to answer to multiple charges, including attempted murder.

Police Staff Sgt. Dan Link said more than 20 witness interviews were conducted during the investigation and that work to establish Borowiec's background — including whether she has other children — is ongoing.

There is also the outstanding possibility the woman, who claimed she did not know she was pregnant, may have attempted something like this before, Link said.

"Investigations like this, because there is an attempted-murder charge, are fairly extensive," he added.

Police allege Borowiec gave birth to a baby boy in her 40th Avenue Northwest apartment and then disposed of the baby on Oct. 19, 2010.

A passerby heard cries coming from the garbage bin and alerted others in the area to help. Coincidentally, the boy's father, who police believe also did not know about the pregnancy, was in the area and rushed to aid the child.

"The child is in a safe environment ... he's healthy and doing well," Link said.

JEREMY NOLAIS

CANDICE WARD/FOR METRO

▶ Calgary Crime Stoppers executive director Terry Hathaway is seen with his automobile decked out to support the group. He's afraid that looming budget shortfalls could lead to the group's end.

Funding woes plague Crime Stoppers

Organization's efforts lead to arrests daily: Police ◐ Director says most people don't realize group is a registered charity that relies on donations

JEREMY NOLAIS
@METRONEWS.CA

Long a safe haven to anonymously offer tips to law enforcement, Calgary Crime Stoppers could soon be handcuffed if its financial situation doesn't improve, says the group's director.

"If we can't sustain funding, we can't continue to operate, just like everybody else," said executive director Terry Hathaway, who anticipates the group will fall one-third — or roughly $50,000 — short of meeting its operating budget requirement this year, and next year's outlook is no better.

Hathaway said the importance of maintaining the organization is evident in the numbers.

Crime Stoppers receives an average of 10 tips every day that are relayed onto police partners in a secure manner. Police estimate that information is directly responsible for more than 500 arrests every year.

"It's huge," said police security operations Staff Sgt. Harry Hackl of the group's importance. "It's not just witnessing a theft or something, it's right up to homicides or persons wanted for homicide."

Hackl said in the unfortunate event that Crime Stoppers folds, police would be forced to re-evaluate and potentially change some of their methods surrounding the handling of anonymous tips.

Hathaway said he believes one major hurdle lies in the lack of awareness among donors that Crime Stoppers is a registered charity.

"We need to make people aware of the impact we are having in the community in general," he said. "What we do on a daily basis indirectly affects every citizen of Calgary."

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Telus Spark was banking on city funds, CEO says

- The new Telus Spark's size is more than double that of old building
- CEO said a boost to admission prices is not on the table

Up for review

- Ald. Gord Lowe said Telus Spark is not the only civic partner that has raised concerns over budget cuts.
- Lowe said council will review individual submissions from these organizations and determine whether or not to bolster their funding.
- He said he is in favour of a higher tax hike than the 5.1 per cent increase currently proposed.
- Lowe argues the cuts associated with the indicative tax rate are too deep.

KATIE TURNER
@METRONEWS.CA

Less than a month after opening its doors, Calgary's new science centre may be faced with some financial challenges after a lower-than-anticipated funding commitment from the city.

Telus Spark is asking the city to reconsider proposed budget cuts and is requesting $554,000 over the next three years — money that would go towards the operating budget.

CEO Jennifer Martin said they based their projections on a 2009 report that was supported by council, which outlined the city covering about 19 per cent of operating costs. The proposed percentage is now around 17.

"We're not operating at a loss," said Martin. "It's just our plans were based on one set of numbers and now the city is telling us we'll get a different set of numbers."

Martin said if the city follows through with the proposed cuts, after finding efficiencies, they would have to look at trimming staff, which has grown from about 60 people to 100 over the transition from the old facility to Telus Spark.

Kurt Hanson, director of recreation with the city, said it's difficult to know what funding Telus Spark should receive when it hasn't been operating for a full year.

"Because it's in a report from somewhere that they might need that, we're saying let's know what the real needs are and what the real requirements are and you've got to operate for a period of time to understand that."

Council will begin budget deliberations Monday.

For more local news, go to metronews.ca/calgary

KATIE TURNER/METRO

▶ CEO Jennifer Martin said a 2009 report outlined a 2012 funding commitment for Telus Spark of more than $2 million from the city and the proposed contribution is now about $1.89 million

TELUS employees Surender and Brenda serving at a soup kitchen.

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MIKE MORRISON
METRO CALGARY

"If the Occupy Calgary protesters really care about the city, they'll give back the plaza that, up until now, we've completely taken for granted."

The Occupy Calgary movement has been, well, occupying Calgary's headlines for the past few weeks.

What started out as a pretty interesting, engaging and seemingly organized protest, quickly turned into a dirty, dangerous and complicated mess.

Four weeks later, the protesters have essentially wasted their opportunity to educate Calgarians on whatever they were protesting about. I don't think I'm alone when I say that the Occupy Calgary movement hasn't really changed my perspective on Canadian government or banks.

But what the Occupy Calgary movement has done is shine the spotlight on Olympic Plaza, a place that, until now, has never been on my radar.

Olympic Plaza does not get enough respect. For as long as I've lived in Calgary, I've been told to stay away from the place that once held the world's top athletes. Over the years, it's essentially exchanged gold medals for drug needles.

I did take my cousin to Olympic Plaza this summer to see the Canada Day fireworks, but the stress of having to hold on to him for dear life was not something I'd be interested in doing again.

With the Occupy Calgary protesters essentially mocking homelessness and taking over this once-proud plaza, it's inspired me to give it another chance ... once the tents and human waste have been cleaned up.

For years, aside from the odd outdoor show, it has sat vacant, a hub for loiterers and, recently, confused protesters.

As Calgarians, we can no longer allow the lowest of the low to scare us away from a plaza that, when you think about it, is centrally located, basks in the summer sun and turns into a winter skating wonderland during our coldest months.

Historic city gym preps for final workout

- Doors open at 6 p.m. for the free art show and farewell party
- Ring-A-Ding Dong Dandy will include performances and live music

CANDICE WARD
CALGARY@METRONEWS.CA

It's the end of an era, and Angie Annis wants to make sure B.J.'s Gym goes out with a bang — or a body slam.

After a big party on Nov. 25, the gym will be torn down as a part of the East Village revitalization project.

"It has always been my home," said Annis, organizer of Ring-A-Ding Dong Dandy and the daughter of gym owners B.J. Annis and Georgia Hart, who is a member of the famed wrestling Hart family.

"It is a lot of mixed emotions."

Known as the "Hart" of Calgary's East Village, B.J.'s gym was the home of many well-known wrestlers and the actual home to the Annis-Hart family for 40 years.

Famous workouts

- Parts of the Disney movie Cool Runnings were filmed at the gym.
- Wrestlers Hulk Hogan and Andre the Giant have worked out there.
- The gym will open Nov. 26 at noon for final goodbyes.

Annis said growing up above the gym was a bit like a circus.

"It is hard to let it go because there is nothing else like it," said Annis.

Members of the gym share her feelings.

"It was like a sitcom there. So many characters worked out there," said Tony Spoletini, co-owner of Spolumbo's and former Calgary Stampeder, who had trained at B.J.'s since he was 16 years old.

"It is not going to be the same anywhere else."

CANDICE WARD/FOR METRO

▶ Angie Annis, daughter of B.J. Annis and Georgia Hart, will say goodbye to legendary B.J.'s Gym next weekend with a big farewell party. The building is being torn down as a part of the East Village revitalization.

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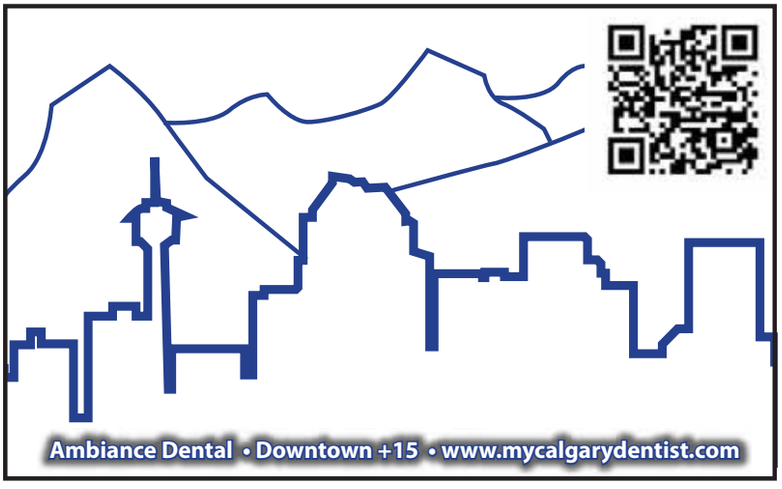

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VACCINATIONS

Influenza has arrived in Alberta ... but flu shot recipients are down

The flu has arrived in Alberta.

So far this season, 365,000 Albertans have been vaccinated and there have been nine lab-confirmed cases of influenza.

"We still have a long way to go," Dr. Gerry Predy, Alberta Health Services' senior medical officer of health said Thursday.

"We're three per cent behind where we were last year, and last year we know our immunization numbers weren't high enough."

About 850,000 Albertans got the shot last year, which has been free since 2009.

The goal is to immunize half of the province's population by the new year, said Predy.

Of the nine confirmed cases, two are in Edmonton and two are in Calgary.

The two in Calgary are part of an outbreak at a seniors' lodge, said Predy.

Edmonton has the highest number of citizens immunized with 128,000.

Calgary is next with 118,000.

KATIE TURNER

Get your science centre memento

Auction will be held Saturday at 10 a.m. at the old Telus World of Science The public will have a chance to view items beforehand on Nov. 18 at 9 a.m.

KATIE TURNER/METRO

▶ Brad Struble, director of special projects and design with Telus Spark, stands next to a row of Van de Graaff generators — the machines that make your hair stand up — all of which are up for auction.

KATIE TURNER
@METRONEWS.CA

It isn't often you can purchase office furniture and a bed of nails simultaneously.

More than 1,000 items ranging from theatre equipment, board tables and janitorial supplies to DNA testing kits, telescopes, Lego and even a Mrs. Claus costume will be up for auction this week at the former Telus World of Science.

An 18-year veteran of the old facility, Brad Struble, director of special projects and design with the new Telus Spark, said he knew a lot had been collected throughout the years.

"There are so many nooks and crannies in this building that stuff just flooded out, so a lot of people were amazed by all the stuff that was actually in this building," he said.

Kevin Forster, civic partner consultant with the city, said they thought an auction would allow Calgarians to take home a piece of a facility that's been around four decades.

"People have been coming here for the last 44 years and many of them brought their kids, and I think that they would probably like a memento of the science centre."

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SHOPPERS DRUG MART

SEAN KILPATRICK/THE CANADIAN PRESS

▶ Alberta Premier Alison Redford meets with Prime Minister Stephen Harper on Parliament Hill on Thursday.

No hangups on the tangled threads of their political past

Redford, Harper meet in Ottawa Talked about a national energy strategy

For Prime Minister Stephen Harper and Alberta Premier Alison Redford, all roads lead back to Calgary's west end.

Their paths took different turns along the way. Harper's route to 24 Sussex Drive veered more to the right, while Redford's tilted slightly left as a Red Tory who would become premier of the country's most conservative province.

But there is no suggestion they got caught up with their political past when they met in Harper's office Thursday afternoon.

"We've never talked about it. I think, of course, we're all aware of it because everyone else is," Redford later told reporters.

"What's really interesting for me ... is that the work that we do as the prime minister of the country or the premier of a province is very different than what I would say is the partisan politics that arises over the course of a life or the history of a government."

Redford was in Ottawa following meetings in the United States with Republican lawmakers who support the Keystone XL pipeline.

The U.S. State Department has delayed the project so it can look at different routes the pipeline could take through Nebraska to avoid an ecologically sensitive area.

She and Harper talked about the need for the provinces and Ottawa to work together on a national energy strategy, an idea the premier has been promoting across the country. They also discussed health transfers and immigration.

THE CANADIAN PRESS

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Province floats flexible fixed election dates

Wildrose leader says it is an example of how premier breaks promises Redford says flexibility is needed because of the nature of the province

The Alberta government plans to introduce legislation for what it calls "flexible" fixed election dates every four years.

Government house leader Dave Hancock says the law would mandate a three-month window — from March 1 to May 31 — for a provincial vote.

Premier Alison Redford says flexibility is needed because of the nature of the province.

"Partly because we're an agricultural province, partly because we end up sometimes with natural disasters that we need to deal with ... there needed to be some flexibility (for) any future premier ... to make sure that the election didn't interfere with those circumstances, or more importantly that the circumstances didn't interfere with the election," she said Thursday.

METRO FILE

▶ Government house leader Dave Hancock.

Redford said she wouldn't be able to call a vote early under the legislation that's to be introduced after the legislature resumes sitting Monday.

Wildrose Leader Danielle Smith said the "floating election window" is a brazen example of how Redford breaks promises.

"She insists on doing what is most convenient for her government and not standing up for what is right for the people of Alberta," Smith said in a release.

Redford committed to a fixed election date when she was running for the leadership of the Progressive Conservatives.

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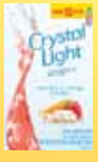

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WCB STANDOFF

Hostage taking was 'cry for help': Clayton

The man who took hostages at gunpoint at a Workers' Compensation Board building in Edmonton sobbed in court as he apologized to his captives, but remained adamant that he is also a victim.

"I am a political prisoner of corporate bullying," Patrick Clayton testified Thursday at his sentencing hearing, wiping tears from his eyes. "I have suffered significant psychological, physical and emotional despair that has dehumanized me in every way possible."

Clayton, 40, said he is disgusted by what he did and agrees others are as well. But some people have described him as a hero and celebrity, he added.

The hostage taking brought downtown Edmonton to a standstill on Oct. 21, 2009. It was "the world's loudest cry for help," he said.

He faces a maximum life sentence for the offence of hostage taking. He earlier pleaded guilty to the charge, as well as to two weapons offences.

Clayton admitted to using cocaine over two days before he walked into the building with his grandfather's hunting rifle and a backpack carrying 100 rounds of ammunition.

He fired a shot at a fleeing security guard, then herded nine people into an eighth-floor conference room. Although many thought they were going to die, Clayton told them several times he wasn't going to hurt anyone. THE CANADIAN PRESS

The world in a classroom

CANDICE WARD/FOR METRO

▶ Riya Garg, 12, a Grade 7 student at Tom Baines School, performs the Bharatnatyam dance for her classmates.

Calgary schools celebrate International Education Week

CANDICE WARD
CALGARY@METRONEWS.CA

The world got a whole lot smaller at one Calgary school on Thursday.

Tom Baines School celebrated International Education Week with cultural performances by students from around the world.

"It is important to be proud of your identity and learn to respect our diversity," said Miriam Quapp, spokeswoman for the event, titled Creating a Culture of Awareness.

Students were treated to aboriginal dancing, a Chinese lion dance, a traditional Indian dance called the Bharatnatyam and ancestral dances from other countries.

Grade 7 student Riya Garg, 12, has been learning the Bharatnatyam since she was four years old.

She came to Canada from Kuwait in 2006 along with her family (who are from India), and was proud to share her culture with classmates.

"We have a very rich culture and we need to play our part in Canada's diversity," Garg said.

The school hosted a similar event for the community on Thursday night.

Culture club

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- **About 38,000 CBE students** are learning a second language.
- **More than 85 countries** celebrate International Education Week.

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Sk8ing grinds to near halt in winter

Closures leave community church as city's lone indoor location Skateboarding infrastructure lacking: Athletes

JEREMY NOLAIS
@METRONEWS.CA

Kickflips and ollies are few and far between once the snow hits Calgary as recent closures have left just one indoor facility open to skateboarders.

Volunteers have opened up the gym at Dalhousie Community Church on Tuesday nights during the winter months for the past 12 years; however, attendees said more than 100 boarders can come through, creating a tight squeeze.

Jason Dueck, who helps organize the Tuesday meet-up, said to his knowledge, no designated indoor skatepark has lasted in the city more than two years.

"We provide consistency," he said. "This at least gives them one place.... It's a safe environment for kids to come and learn in a community setting."

Groups like the Calgary Association of Skateboard Enthusiasts have long lobbied for a permanent indoor facility in the city through online petitions and other initiatives, but it appears little progress has been made.

Partnerships with community associations have been put forth as a possible alternative but no new parks have been opened to date, forcing skaters like Auburn Bay resident Brent Gwilt to make the long trek to Dalhousie in search of ramps and rails.

The 19-year-old questioned why his sport is seemingly forgotten in the winter unlike other activities, such as tennis and soccer.

"I think we aren't taken seriously," Gwilt said. "We need more parks.... It's horrible."

30,000 strong

- Estimates by groups like the Calgary Association of Skateboard Enthusiasts put the number of athletes who actively take part in the sport at roughly 30,000.
- The skateboard night at Dalhousie Community Church is divided by age. Attendees aged 13 and younger can practise from 4:30 p.m. to 6 p.m. Older individuals then use the gym after that until 8 p.m.
- To see a video of the skateboarders at Dalhousie Community Church in action, head to metronews.ca/calgary

JEREMY NOLAIS/METRO

▶ Tyler Warren, left, and Brent Gwilt are two regulars at the Dalhousie Community Church skateboard night.

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Protesters get their day of action

Demonstrators march through heart of financial district
At least 200 people arrested

Occupy Wall Street protesters clogged streets and tied up traffic around the U.S. on Thursday to mark two months since the movement's birth and signal they aren't ready to quit, despite the breakup of many of their encampments by police. Hundreds of people were arrested, most of them in New York. Chanting "All day, all week, shut down Wall Street," more than 1,000 protesters gathered near the New York Stock Exchange and sat down in several intersections.

Helmeted police officers broke up some of the gatherings, and operations at the stock market were not disrupted.

A crowd of several thousand people, jammed Manhattan's Foley Square and marched peacefully across the Brooklyn Bridge.

THE ASSOCIATED PRESS

The Movement

- **Police said at least 200** people were arrested, including several who sat on the ground one block from Wall Street and refused to move.
- **Some of the police hit** protesters as they resisted arrest. Most of the marchers retreated.
- **In Los Angeles, about 500** sympathizers of the Occupy Wall Street protest marched in the downtown financial district.

ALLISON JOYCE/GETTY IMAGES

▶ Occupy Wall Street protesters clash with police in Zuccotti Park on Thursday in New York City. Protesters attempted to shut down the New York Stock Exchange, blocking roads and tying up traffic in Lower Manhattan.

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ELISHA DACEY/METRO

Arctic dwellers at risk

Polar bears are the ultimate symbol of climate change The animals are a step away from being classified as endangered Why saving the bears means saving the planet ...

Bearly There

ELISHA DACEY
@METRONEWS.CA

If there's any animal on Earth that could inspire people to engage in preventing man-made climate change, the polar bear is it.

Majestic, powerful and deadly, the cuddly-looking bears are under direct threat from a warming planet, and they're already showing the symptoms.

"What you'll find in the short term is that polar bears will have to turn to other (foods)," said Dr. Pete Ewing, a marine scientist with the World Wildlife Fund (WWF). Last week, for example, scientists came across a group of about 15 polar bears eating rotten grain destined for the landfill.

"There's a population of polar bears here that are desperate. They haven't been able to put on enough energy, and we're going to see more of that."

$518

The amount of money that polar bears are worth to each Canadian annually as a symbol. That's more than the bald eagle is worth to Americans.

Tourists and Arctic wildlife guides have noticed a decline in the weight of bears. They even found a bear that had died of starvation recently.

As the summer ice in the Arctic melts at a faster rate, and winter ice comes in more slowly, the polar bear population declines. And the more it declines, the more scientists and groups like the WWF worry.

Just last week, the Canadian government classified polar bears as a "species at risk." That's one step away from endangered.

Ewing said scientific models show there's no stopping the inevitable decline of summer ice, so scientists are trying to figure out where the polar bear has the best chance of survival. In the meantime, people need to start reversing the damage they've caused to the Arctic through the consumption of fossil fuels — but they shouldn't be overwhelmed.

"There have been massive changes in our society over the last few hundred years," said Ewing. "There's no reason we can't change again."

Arctic research

- The WWF has been funding polar-bear research in Churchill on and off for the past 30 years, said Dr. Pete Ewing, but the Canadian government has not been maintaining its level of funding in recent years.
- "Arctic research can be difficult, it's expensive," said Ewing. "But for an Arctic nation like Canada ... the World Wildlife Fund has been able to step in and help when (the Canadian government) has not."

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Wayward bears do time in jail

- Humans, bears coexist thanks to unique program
- Each year about 35 bears are put in 'jail' then lifted by helicopter to a location 60 kilometres away

ELISHA DACEY
@METRONEWS.CA

When your town's biggest nuisance can kill you with a casual swipe of a paw tipped with razor-sharp claws, grabbing the nearest shotgun when confronted with one seems a prudent idea.

But that thinking led to the deaths of dozens of polar bears in and around Churchill, Man., a few decades ago.

"Basically, if a bear came into town, it got shot," said Manitoba Conservation's Bob Windsor, who has helped remove about 100 bears from Churchill over the past three years. "That was not acceptable."

The Polar Bear Alert program changed all that, said Windsor.

The program is simple: local residents call the Polar Bear Alert Line to tell conservation officers of an approaching bear. A humane trap is set, and the bear is taken to "Polar Bear Jail." From there, they're later lifted by helicopter to an area away from the town.

The Polar Bear Alert Line is manned at all times.

Windsor said the program, while simple, has been extremely effective, cutting down on the number of polar bear deaths.

"We haven't had a fatality (from a polar bear) in the town of Churchill since 1983," said Windsor. "When I look at it that way, it makes it all worthwhile."

What happens to bears in jail?

Polar bears are incredibly strong. Once they're captured, the bear trap is chained to the cell they'll be held in, so that they won't push the trap right out of the facility.

Once held, they are tranquilized and researchers assess the bears' condition. They are tagged and tattooed so Manitoba Conservation can see whether a bear returns.

Conditions inside the jail are cool and sparse. There is as little human interaction with bears as possible.

Bears are not fed. They can go months without eating, and if they're fed they tend to come back to the facility once released.

After a quarantine period, bears are tranquilized and then carefully wrapped up in a net so their heads and ear tags don't get tangled. The net is attached to a helicopter and the bear is taken to a safe location.

Researchers make sure the bear is alert before leaving the area, as wolves have been known to prey on a groggy bear.

ELISHA DACEY

ELISHA DACEY/METRO

▶ Manitoba Conservation officers watch as a polar bear is lifted by a helicopter.

▶ Polar bears are under direct threat from climate change. Melting ice means they can't hunt their main source of food.

ELISHA DACEY/METRO

▶ A polar bear is transported far from town.

▶ Polar bears are now classified as at risk.

ELISHA DACEY/METRO

Coke, WWF team up for Arctic Home

Fifteen years ago, groups like the World Wildlife Fund did not partner with groups like Coca-Cola.

The ultimate American brand, Coca-Cola's perceived cultural pervasiveness and arrogance meant they were the enemy. But not anymore.

Coca-Cola Canada president Nicolaos Koumettis said the company has actively tried to shed its image of taking over the world to one that preserves it over the past decade.

"What happened is that we all learned, and that includes the WWF ... that if you want to achieve something big, you have to work in partnership.

"We've worked with the WWF for many years on water conservation, and now it was time to take it to a new level."

Arctic Home is a major campaign launched by the WWF and Coca-Cola to raise money for polar-bear research in the Arctic. Koumettis said Coca-Cola will donate $2 million over the next four years toward that research.

ELISHA DACEY/METRO

▶ Arctic Home is a new partnership between the WWF and Coca-Cola designed to generate awareness of the plight of the polar bear.

Gerald Butts, president and CEO of WWF Canada, said working with corporate partners who want to make the world better can affect the most change.

"In general, you can make things happen a lot quicker with companies, especially on big issues," said Butts, adding that Coke is one of the world's biggest users of water, sugar, aluminum and other commodities.

"If they decide they are only going to buy goods that are procured and grown in a certain way, then we can change the supply chain overnight. We could lobby 100 governments for 50 years and never get them to change."

To promote the campaign, Coca-Cola changed its can from the traditional red to white with silver polar bears.

"It wasn't a hard decision," said Koumettis.

Donations can be made at iCoke.ca. Coca-Cola will match donations from North America up to $1 million, in addition to money already pledged.

ELISHA DACEY

To make a donation, visit iCoke.ca

ELISHA DACEY/METRO

Polar bears essential to Churchill: Mayor

There are arguably only two industries in Churchill, Man.: Shipping and tourism. And both are under threat.

The economy over the past five years means tourism is down overall, said Mike Spence, Churchill's mayor and owner of Wat'chee Lodge.

"Tourism has been down over the last couple of years due to the economy," said Spence. "It's understandable. People have less money to spend."

Churchill currently has a stable population of about 900 people, which doubles during bear season. However, Churchill's population used to be much bigger.

"I grew up here when it had 6,000 people," said Spence. "Tourism wasn't even on the drawing board."

The population dwindled, however, when the Canadian Armed Forces moved out, so citizens had to start looking for new ways to bring money back into the town.

"Tourism began to be kicked into gear because we had more bears coming through (the town) because the military wasn't keeping them out."

In the late 1980s, tourism exploded. Since then, the polar bear has become synonymous with Churchill.

"When you're tagged with the moniker The Polar Bear Capital of the World, there's a lot of pride in that," said Spence.

ELISHA DACEY

Tourist draws

- Tens of thousands of people flood to Churchill every year, mostly to see the polar bears.
- Excursions to see the northern lights in winter, birds in spring and beluga whales in summer also draw tourists to the town.

Ultimate logo

Polar bears have been used as a logo for everything from diamonds to sports teams.

- The polar bear has been the official symbol of Coca-Cola since 1922. It started with an ad campaign in France and grew from there.
- Canadian company Polar Bear Diamonds uses the bear as its official symbol.
- The Hudson Bay Helicopters uses a polar bear in its logo.

Value of summer ice

Ice is hugely important in the life cycle of polar bears, even in summer Here are 6 reasons why:

ELISHA DACEY
@METRONEWS.CA

1. Polar bears' favourite food is ring seals, and ring seals are hunted from the ice. If the ice has disappeared, the bear is forced onto shore, where seals can't be hunted. When the ice freezes over in winter, there is little to eat.

2. With fewer seals to feast on, the female polar bears don't gain enough weight. While there may be other sources of food available, the fatty ring seals provide a higher caloric content.

3. If female polar bears don't put on enough weight, they are less likely to become pregnant or carry cubs to term.

4. Fewer pregnancies means there are fewer polar bears.

5. Polar bears also prefer to avoid each other. Less sea ice in the summertime means bears will have more frequent encounters with other bears and less space to roam.

6. The loss of summer ice is already having an effect on polar-bear populations. Bears are resorting to eating nutritionally deficient foods such as kelp, and instances of cannibalism are on the rise.

Melting ice taking its toll

The melting of Arctic ice in the summer will be both an economic blessing and a curse, says marine scientist Dr. Peter Ewing.

• Warmer summer months mean longer shipping seasons for the port of Churchill, Man. Passages that were previously ice-covered will become much easier to navigate. More shipments means more jobs. It also means the easier shipment of necessary goods to Northern Canada.

• Local Inuit will see a vast cultural change. Peoples who hunt and trap to feed their families will see their traditional culture evolve as bears, seals and other Arctic animals disappear. The government will have to deal with an entire culture that can no longer support itself.

• People do not understand the role the Arctic plays in regulating weather, said Ewing. A melting Arctic means the Earth will heat up even faster, leading to more violent weather and flooding, which will result in more damage to cities and infrastructure, not to mention the loss of life. The total bill for all this chaos is impossible to estimate accurately, but some reports have put it at trillions of dollars.

ELISHA DACEY

ELISHA DACEY/METRO

Polar bears are being forced onto shore, where they can't hunt due to retreating sea ice.

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Family of fallen soldier testifies

Military reservist's kin open up about loss, agony at hearing Former friend who killed soldier found guilty

George Megeney regrets a talk he had with his nephew before the young reservist departed for Afghanistan and his subsequent death at the hands of a fellow Canadian soldier.

The uncle was one of several members of Cpl. Kevin Megeney's family to testify on how the shooting of the Nova Scotia reservist by a friend and colleague in 2007 has affected them.

Their statements came one day after a military judge found Matthew Wilcox of Glace Bay, N.S., guilty of criminal negligence causing death and negligent performance of a military duty.

ANDREW VAUGHAN/THE CANADIAN PRESS FILE

▶ Cpl. Matthew Wilcox

Wilcox told the court martial that he fired his weapon in self-defence as he reacted to what he thought was a threat inside a tent at Kandahar Airfield on March 6, 2007.

Megeney, 25, of Stellarton, N.S., was hit in the chest and died.

THE CANADIAN PRESS

"The last conversation I had I gave him advice: 'When you go to Afghanistan, put your trust in commanders and fellow soldiers.' ... That conversation has haunted me."

GEORGE MEGENEY, VICTIM'S UNCLE

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Nude pics cause furor

Outrage over student's blog post cuts across Egypt's political spectrum

A woman activist who posted nude pictures of herself on her blog to protest limits on free expression has triggered an uproar in Egypt, drawing condemnations from conservatives and liberals alike.

Some liberals feared that the posting by 20-year-old university student Aliaa Magda Elmahdy would taint them in the eyes of deeply conservative Egyptians ahead of Nov. 28 parliamentary elections in which they are trying to compete with fundamentalist Islamic parties.

Nudity is strongly frowned upon in Egyptian society, even as an art form. Elmahdy's posting is almost unheard of in a country where most women in the Muslim majority wear a headscarf and even those who don't rarely wear clothes exposing their arms or legs in public.

Elmahdy wrote on her blog that the photographs — which show her standing wearing only stockings — are "screams against a society of violence, racism, sexism, sexual harassment and hypocrisy."

The posting comes at a time when Egypt, a nation of some 85 million people, is polarized between Islamists and liberals ahead of the elections.

THE ASSOCIATED PRESS

1.5

The blog has received 1.5 million hits since she posted the photos earlier this week.

BERNAT ARMANGUE/THE ASSOCIATED PRESS

▶ Dorit Korenblum, left, her brother Refael Korenblum, and sister Bracha Fleishman-Korenblum, right, pose with their cousin Gennadiy Koramblyum.

FAMILY BONDS

PHOTO UNITES LONG LOST RELATIVES

For five long years during Second World War, Nahum Korenblum never left the side of his younger brother Yaakov as the two fled the Nazi invasion of Poland, escaped forced labour camps across Europe and ultimately joined the Soviet Red Army. There, they were separated and dispatched abroad, never to meet again.

On Thursday, more than a decade after they died, their children were united at Israel's Yad Vashem Holocaust memorial thanks to a photo discovered on its online database.

THE ASSOCIATED PRESS

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This new build, dual hotel project is located near the Calgary International Airport and is scheduled to open in January 2012. This project is comprised of 329 guestrooms, over 8,000 square feet of state-of-the-art meeting space, a restaurant and recreation area.

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MP not sorry for profane tweets

Controversy has resulted in more exposure for NDP's Martin ◆ Followers on Twitter jump to 3,000

Longtime New Democrat MP Pat Martin says he's not sorry for unleashing a string of profanity on the social media site Twitter.

Martin dropped a few F- and S-bombs Wednesday night after the Conservative government shut down debate on a budget bill.

"This is a (expletive) disgrace ... closure again. And on the Budget," Martin tweeted.

"There's not a democracy in the world that would tolerate this jackboot (expletive)."

The comments set off a stir in the Twitterverse after they were retweeted by some of Martin's 1,600 followers.

One fellow Twitter user called Martin a "foul-mouth socialist." "(Expletive) you," was Martin's blunt retort. When another Twitter user criticized him, Martin replied with "eat my shorts."

Martin, who represents the riding of Winnipeg Centre, said he committed no foul.

"I don't apologize for what I said. It was a legitimate reaction to a genuine frustration," Martin said Thursday in Ottawa.

"If anybody took offence to it, I'm sorry. I wouldn't say that in the House of Commons, but I was talking to the people that follow me on Twitter."

Other parties called Martin's comments disappointing.

Martin said he hopes the controversy has brought attention to the government's move to end debate on bills in the Commons. THE CANADIAN PRESS

ADRIAN WYLD/THE CANADIAN PRESS

▶Martin

Party support

- Interim NDP Leader Nycole Turmel appeared to defend Martin's actions.
- "His language was not appropriate and could have been offensive to some," Turmel said. "That said, the Conservatives' actions are not appropriate in a democracy and offensive to all Canadians."

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Water pressure: H2dough?

The federal advisory body on sustainable development wants governments to put a price on water used by industry — even though Canada is awash in H2O.

"A price on water reduces intake by industry resulting in more water conservation and better water use efficiency," the National Round Table on the Environment and the Economy says in a new report.

Researchers working with the federal round table — a government-selected group of business, labour and academics — developed a model that projects industrial water usage to the year 2030.

They found that while water-heavy industrial activity is expected to increase by about 40 per cent over that time, water usage will rise just three per cent.

But it's three per cent Canada may not be able to afford, especially because usage is much higher in some regions, the advisory body says.

"Past assumptions of water governance and management may no longer be applicable in the face of anticipated pressure on water resources," says the round table's vice chair Robert Slater.

"In a world of increasing competition for access to water, new pressures such as climate change are emerging that could put the long-term sustainability of our water resources at risk." THE CANADIAN PRESS

Bay watch

Who's keeping an eye on the ebb and flow?

- The federal round table deplored the lack of reliable tracking of water usage across the country.
- The group urged governments to quickly get a better grip on who is using how much water, and for what.

Soldiers. Home

▶ Tyrone Thurton stands with his son, Damina, after they met for the first time shortly after Thurton landed at the Joint Forces Training Base in Los Alamitos, Calif.

MARK RIGHTMIRE/ORANGE COUNTY REGISTER/THE ASSOCIATED PRESS

Many happy returns

Soldiers of the California National Guard's 640th Aviation Support Battalion returned on Thursday, after being deployed for a year in Iraq.

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Monday, November 28, 6:30pm – 8:00pm • Tuesday, November 29, 6:30pm – 8:00pm
(Please register for either session, not both)
Cost: FREE • Space is Limited
To register, please call: 403-263-6880, ext. 224 • email: learn@ilrcc.ab.ca

Please note that pre-registration is required. If materials are needed in alternative formats, notice must be given at least 7 days prior to the event. If deaf and hard of hearing individuals require interpretive services, they must provide at least 10 days notice, and ILRCC will seek appropriate services, if available.
This information session is available in English only. Afin d'obtenir des renseignements en français, veuillez communiquer avec Gilbert Brunette par téléphone, au 613-563-2581 Ext. 11, ou par courriel à liaison@vac-ilc.ca ou visiter le www.vacanada.ca

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AARON FAVILA/THE ASSOCIATED PRESS

▶ U.S. President Barack Obama arrives at Denpasar International Airport to attend the ASEAN and East Asia Summit in Denpasar, on the island of Bali, Indonesia, Thursday.

In the line of fire

Man who took shots at White House could face life in prison if found guilty of attempted assassination

An Idaho man accused of firing an assault rifle at the White House was charged Thursday with attempting to assassinate President Barack Obama or his staff, and prosecutors say he called Obama "the devil" and said he needed to be killed.

Oscar Ramiro Ortega-Hernandez, of Idaho Falls, made his first court appearance before a federal magistrate in Pittsburgh on Thursday, one day after he was arrested at a western Pennsylvania hotel.

According to a court document released after the hearing, authorities recovered nine spent shell casings from Ortega's car, which was abandoned near the White House. A person who knows him subsequently told investigators that he had become increasingly agitated with the federal government and was convinced it was conspiring against him, the document says. Others told investigators that Ortega had said Obama was "the anti-Christ" and the "devil." Ortega also reportedly said he "needed to kill" the president. **THE ASSOCIATED PRESS**

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U.S. workers expect to stay on the job longer to retire well: Study

Survey finds that more than a quarter of young Americans don't expect any income at all from Social Security during their retirement years

Workers are growing to accept the idea that they may be working long after they've become eligible for senior discounts. Yet rather than fixate on their target retirement age, they're increasingly focused on how much money they'll need to retire, according to a new U.S. survey by Wells Fargo & Co.

This shift is coupled with their growing frustration that they're not saving enough, and the reality that many haven't created a detailed retirement plan.

One of the striking results of the survey released Wednesday is that 25 per cent of the respondents said they'll need to work until at least age 80 because they will not have enough money to retire comfortably.

Even those who plan on retiring expect they may continue working in some capacity and for various reasons: About 75 per cent said they expect to work in their retirement years; about 39 per cent said they will need to work to afford things they want or to maintain their lifestyle; and another 35 per cent say they'll work because they want to.

THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. THURSDAY

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Housing

NO 'FREEDOM 55' FOR CANADIANS: RBC

More than one in three Canadians expect they'll be carrying mortgage debt long after they turn 65, according to Royal Bank's latest housing survey.

Released Thursday, the report found that one-third of Canadians who are 55 or older have at least 16 years left on their mortgage term.

A majority, 57 per cent, of survey respondents said they expect to have mortgages after the age of 55, with nearly one-third expecting to carry debt after age 65.

THE CANADIAN PRESS

Italy. Protest

▶ Protesters carry a mock coffin representing the debt of Italy during a protest against austerity cuts and lack of jobs on Thursday in Naples.

CHRISTOPHER FURLONG/GETTY IMAGES

Debt discontent in Naples

Thousands of students took to the streets of Naples to protest against the lack of opportunity for future employment and impending austerity cuts by Italy's new prime minister, Mario Monti, and his recently appointed cabinet.

Economy not slowing donations by richest

The weakened economy may deter some Canadians from making charitable donations as the holiday season approaches, but it isn't stopping the wealthiest from digging even deeper to help those in need.

The founder of Canadian IT giant CGI is among those who is sharing his good fortune by donating millions more to charity this year.

Serge Godin is donating more than $14 million to a foundation he created 12 years ago by handing over 2.2 per cent of the stock options he holds in his Montreal-based company.

"We've been very fortunate here in creating this company and I thought it was normal to try and give back to the community in which we are living," he said in an interview.

SCOTT OLSON/GETTY IMAGES)

▶ Shoppers walk past a Salvation Army kettle in Chicago on December 21, 2010.

While many company stocks have taken a beating since the 2008 recession, CGI's shares have gained about 66 per cent, providing Godin more opportunity to give.

Since creating Fondation Jeunesse-Vie in 2000, the 61-year-old has donated about $25 million to the charity that help youth struggling with drugs and mental illness.

Some estimates suggest Canadians have made more than $1 billion worth of non-cash donations since the federal government changed the tax laws in the 2006 budget to eliminate capital gains taxes on securities donations.

THE CANADIAN PRESS

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News in brief

DAVID GUTTENFELDER/THE ASSOCIATED PRESS

▶ A deserted field around the power station near Okuma, Japan.

Japan bans irradiated rice

Japan has banned shipments of rice grown near a tsunami-hit nuclear power plant for the first time after detecting radiation exceeding the legal limit.

Chief Cabinet Secretary Osamu Fujimura said Thursday that a sample of rice from a farm contained 630 becquerels of cesium per kilogram.

Under Japanese regulations, rice with more than 500 becquerels of cesium per kilogram is not allowed to be consumed.

THE ASSOCIATED PRESS

EI numbers down in Sept.

The number of people receiving regular Employment Insurance benefits fell by 15,400, or 2.7 per cent, to 549,300 in September.

Statistics Canada reports the number of beneficiaries has been on a year-long downward trend.

The agency says the number of beneficiaries fell in most provinces, with the largest percentage declines in Alberta, Saskatchewan, Manitoba and Ontario.

THE CANADIAN PRESS

Travel to Canada rises

Travel to Canada rose 0.6 per cent in September to just over two million trips, the result of increases from both the United States and overseas countries.

Travel from Canada to the United States, meanwhile, declined 0.4 per cent from August, while Canadian residents made 3.1 per cent more trips overseas. THE CANADIAN PRESS

CANADA SHORT ON DRUGS, NBA SHORT ON GAMES

THE METRO LIST

MIKE BENHAIM
METRO

1 **Adult education.** U.S. Prez Barack Obama raised eyebrows at the APEC summit in Hawaii with his comments regarding China's economic responsibility. Obama stated that now that they're a full-grown economic power, it is time to "Act like a grownup." China's delegates responded by saying, "I know you are, but what am I?"

2 **Stick it to da man!** An Ontario man drove his car through the front doors of Waterloo Regional Police headquarters last Sunday. Police believe it was deliberate because, instead of stopping, he continued driving around the reception desk before crashing into a vending machine. No one was hurt, but the man's Twix bar did remain lodged on the coil dispenser, and his change was never returned. That is frustrating.

3 **Where my drugs at?** Apparently Canada is experiencing some dubious medication shortages. Health Canada says their only concern is drug safety, while distribution is left to the pharmaceutical companies. The reason for the shortage is unknown as is the extent and impact because our government does not collect such data. To be fair though, the shortage will not affect the majority of Canadians. It's really just the sick people.

4 **Hands off.** Brief note in case of ambiguity: Showering with your 11-year-old son at the gym — fine. Showering with someone else's 11-year-old son — NOT FINE! Any questions, Penn State?

5 **Smooth Criminal.** Last week, Michael Jackson's personal physician, Dr. Conrad Murray, was found guilty of involuntary manslaughter for negligence believed to have caused the singer's death in 2009. He faces up to four years in prison while Michael's plastic surgeons get off scot-free.

6 **Too much too soon.** Seventeen-year-old Justin Bieber recently dished out 100,000 pounds on a new Range Rover with a custom sound system worth 50,000 pounds. This is just one of many for Justin, including a Batman-themed Cadillac and a Ferrari, which he recently smashed. When I was 17, my parents grounded me for a fender-bender in my mom's 1978 Monte Carlo. Just saying.

7 **In yo' face.** Just when we thought they were close to an agreement, the NBA lockout hit an impasse this week. With a shortened season looming, millionaires on both sides could not arrive at an answer to the question "How many millions is too many millions?" The likely answer now is "No millions at all."

8 **Sweet Jesus.** Canadian comic Russell Peters will perform a nativity sketch in his Christmas special, which airs on CTV and The Comedy Network in December. He has chosen Pamela Anderson to play the Virgin Mary, which is funny because it marks the first time her name and the word "virgin" have ever appeared next to each other in the same sentence.

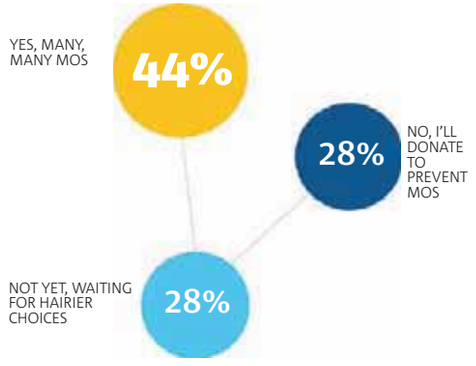
9 **A sad farewell.** Canadian comic Stewart Silver passed away suddenly at age 44 this week. A national Yuk Yuk's mainstay for the past two decades, fellow Montrealer, dear friend and all-around good guy will be sorely missed. On behalf of the entire comedic community, I offer our condolences to his family. We thank you for the laughs. R.I.P.

More from Mike Benhaim at metronews.ca/backbeat

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Have you supported a Mo?



Local tweets

- **@MsNeon Tyra:** Watch out #yyc The snow has started to fall!
- **@CassInCalgary:** Duet to a power tripping security guard, @AlleyBurger was told to leave the property #stripmallsareseriouslybusiness #yyc
- **@CalgaryFashion:** We're really sincerely trying to figure this out...what's the best lip chap in the world? #QuestionOfTheDay #yyc
- **@kenmc76:** Why does the #mcdonalds on peigan trail always have to be so damned slow? I only have 30 minutes people!! #yyc #needsafreebigmacforwaiting
- **@kajmere:** Ewww the clouds to the north look nasty. #yyc
- **@JSAcrossCanada:** accidently read some online news comments again, now I'm all ashamed of our city. Time to read some positive news! #yyc
- **@mellow2167:** And so it begins. Snow downtown #yyc.
- **@RAndersonMLA:** Don't understand why Premier Redford would break such a simple campaign promise on fixed election dates. #ocredibility #yeg #yyc #wrp #ableg

Letters

Let me get this straight. I am supposed to feel sorry for the homeless people in this country?

Oh, I am sure some may consider my comments sacrilegious, but hear me out as I play the devil's advocate. Let me state what some may feel in their hearts but may deem inappropriate to state loudly. I have traveled to dozens of countries around the world, many of them third world countries, and have personally witnessed the plight of the poor. In these countries, the poor and unemployed have nowhere to turn to for help. No social safety net such as social assistance, free health care, and EI benefits, employment agencies that help you find jobs or advise you on money management free of charge, free education till Grade 12, childcare benefit, or services to subsidize your rent or a host of other expenses, etc.

In this great country, we have so many of these services and more. I believe much of homelessness in this country is the individual's own fault.

A. C. SAMUEL
CALGARY

photo of the day

metro PHOTO CHALLENGE

▶ This photo titled Yanomi was submitted to the Moments of my Life category by Reed from Winnipeg.

Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition. Enter your digital photos at metrophotochallenge.com. The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.

WEIRD NEWS

Flight almost gets flushed

A jammed lock on an airplane bathroom door caused anxious moments for the pilots aboard a flight from North Carolina to New York City.

The captain told air traffic controllers he accidentally got stuck on the LaGuardia Airport-bound Chautauqua Airlines flight from Asheville on Wednesday night.

When a passenger with an unfamiliar accent tried to alert the co-pilot in the cockpit, the co-pilot became alarmed and notified air traffic controllers, according to a recording of the radio exchange from the website LiveATC.net.

"The captain has disappeared in the back and I have someone with a thick foreign accent trying to access the cockpit right now, and I've got to deal with this situation," the co-pilot says.

A controller tells him to consider declaring an emergency.

The captain eventually got himself free from the lavatory. He told controllers there was no threat.

"The captain — myself — went back to the lavatory and the door latched ... and had to fight my way out of it with my body to get the door open," the captain says. "There is no issue, no threat."

THE ASSOCIATED PRESS

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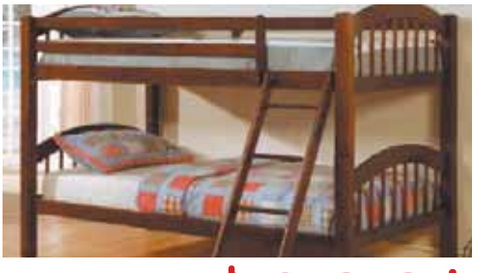

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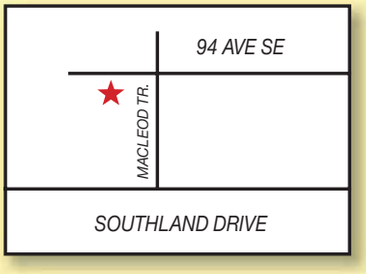
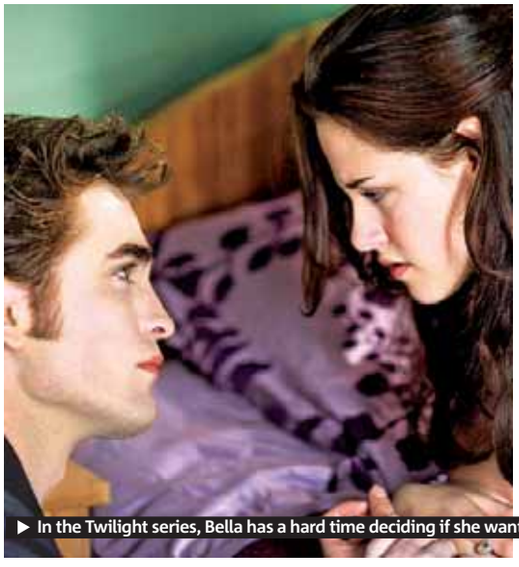


Synopsis

- **Team Werewolf:** Need some convincing to get hairy with Richard? Ginger Snaps and Dog Soldiers expand on the werewolf story. The Howling and An American Werewolf in London both contain Reagan-era thrills. And, of course, no lycanthropic list would be complete without The Wolf Man.
- **Team Vampire:** Looking for a good vampire flick to sink your teeth into? Coppola's Bram Stoker's Dracula has thrills and atmosphere. But a more unusual choice would have to be Shadow of the Vampire, one creepy flick. For over-the-top wild fun, nothing beats Nic Cage as a reluctant vampire in Vampire's Kiss.



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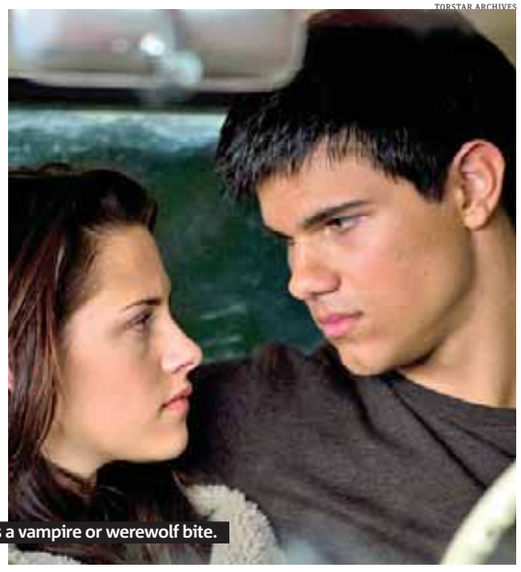


▶ In the Twilight series, Bella has a hard time deciding if she wants a vampire or werewolf bite.

A 'biting' battle

Richard Crouse and Mark Breslin pick supernatural sides in an age-old battle

Reel Guys
RICHARD CROUSE & MARK BRESLIN
SCENE@METRONEWS.CA

Richard: Mark, on the occasion of the release of Breaking Dawn, the next-to-last in the Twilight saga, it's time we finally debated the burning question on the lips of every Twihard — who would win in a fair fight between a vampire and werewolf? I'm on Team Werewolf for this one. Big fangs coupled with hot-blooded animal instincts trumps the oversized molars of the nocturnal undead any day (or night for that matter).

Mark: Fighting each other, Richard, you might have a point. But in a fight against humans, I have to say I'm a vampire man. You can spot a werewolf a mile away, enough time to run for cover. But vampires can be undetectable, until it's too late. They can seem perfectly normal until they open their mouths, kind of like members of the Tea Party. It really comes down to the relative dangers of brute force versus seduction, doesn't it?

RC: Perhaps so. Bella, the vampire groupie of Twilight, certainly finds the blood-suckers irresistible, but I'd suggest Jack Nicholson, as the hirsute gentleman in Wolf, is much more of a charmer than the vampires of Near Dark. They don't seduce as much as manipulate, taunt and slaughter their victims in the nastiest of ways.

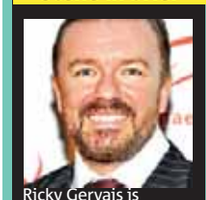
MB: The vampires in Near Dark should be thrown out of the Vampire Union! But if you're using Jack Nicholson as an example of the urbane, more mature werewolf, let me submit Frank Langella in Dracula and George Hamilton in Love at First Bite as vampiric counterparts. The sadder but wiser vampire for me! But really, Richard, who would you rather meet in a dark alley? Kate Beckinsale or Benicio Del Toro? Case ... closed ... I think.

RC: Hmmm... I'll take Kate, but remember Underworld? She played a beautiful vampire but who was she in love with? A werewolf. I rest my case. In the battleground of love chalk one up for the werewolves. To answer our original question I checked with the authority — the internet — and found this: "In a fair fight (no weapons) a werewolf will destroy a vampire in a few seconds (unless the vampire is smart and tries to run away)." I rest my case.

MB: Ahh, but the vampire is nothing if not smart — way smarter than the werewolf — smart enough not to engage in a fight that he cannot win. But I'll concede to you on this one. I'll be in the corner ... sulking ... with Kate Beckinsale to give me solace.

2 scene

Scene in brief



Ricky Gervais is returning as host of the Golden Globes. The Hollywood Foreign Press Association announced through Twitter that Gervais will take his third turn as Globes host in January. Gervais left some wondering if he'd be back after his performance at this year's show, when he took pointed jabs at Hollywood stars and the HFPA.
THE ASSOCIATED PRESS

Woody Allen revealed: Documentary illuminates the elusive genius

Movie reviews See it twice ●●●●● | See it now ●●●● | Worth watching ●●● | Yawn ●● | Don't bother ●

The Twilight Saga: Breaking Dawn - Part 1
Genre: Drama
Director: Bill Condon
Stars: Kristen Stewart, Robert Pattinson, Taylor Lautner
●
Lurching toward the conclusion of the Twilight series, the first half of Breaking Dawn hits screens with a resounding thud, committing a sin the previous films had at least managed to avoid, despite their faults: The new film is incredibly boring. The events of the film's first hour — planning the wedding, going through with the wedding, going on a honeymoon and Bella getting knocked up — could've taken 15 minutes in the hands of filmmakers less concerned with overindulging the series, diehard fans. But then, maybe they were right to do it this way, as there's clearly no other possible audience for this than Twihards who have already drunk the Kool-Aid.
● NED EHRBAR

Like Crazy
Genre: Drama
Director: Drake Doremus
Stars: Anton Yelchin, Felicity Jones
●●●½
The immigration department gets in the way of an affair between an L.A. furniture maker and a British student due to head home when her visa expires.

She doesn't, and opens up a world of hurt for them.

While their enforced separation is bittersweet, and filled with longing, reality socks them into anxious reality. They begin the legal process and a new enemy arises — time.

Can love stand the test? Heart-wrenching, often improvised performances make these spoiled kids relatable, and we viscerally feel their pain. Like Crazy is emotionally strenuous and rewarding.
● ANNE BRODIE

Happy Feet Two
Genre: Animation
Director: George Miller
Stars: Elijah Wood, Robin Williams, Pink
●●●●
The original Happy Feet and its sequel don't look or feel like other movies for kids. Director George "Mad Max" Miller is a maximalist director who opens up the usual kid flick palette with swooping cameras, wide-open vistas and beautifully effective 3D. Featuring a cast of thousands — animated penguins as far as the eye can see and "krillions" of krill—Happy Feet Two is made on a scale that would make Cecil B. DeMille proud.
It's also a step above most kid's movies. Joyful and beautiful to look at, it has more to say about life, love and the pursuit of happiness than most movies aimed at adults.
● RICHARD CROUSE

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-Lisa Schwarzbaum, ENTERTAINMENT WEEKLY

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-J. Hoberman, THE VILLAGE VOICE

"A FILM THAT SWEEPS YOU UP AND TAKES YOU OUT OF YOURSELF.
I COULD NOT HAVE BEEN HAPPIER."
-Joe Morgenstern, THE WALL STREET JOURNAL

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Segel gets his puppet on

Muppet master Jason Segel helps Kermit and friends put on a show to remind the world about the Muppets

CHRIS ALEXANDER
SCENE@METRONEWS.CA

The man who had his own masturbation station in the laugh out loud bromance I Love You, Man, may seem like the least likely candidate to revive a legendary children's entertainment franchise, but that's exactly what charming multi-hyphenate actor/writer Jason Segel did with his latest picture, The Muppets.

Segel (who also wrote and starred in Forgetting Sarah Marshall, as well as serving as one of the leads on the smash hit sitcom How I Met Your Mother) penned the screenplay and stars as Gary, happy go lucky brother to melancholy muppet Walter, a felt-skinned kid who is obsessed with the late, lamented variety series The Muppet Show. When the siblings — along with Gary's fiancée Mary (Amy Adams) venture to Hollywood to find Kermit, Miss Piggy, Fozzie et al, they pal around with a legion of Henson heroes, run afoul of an evil oil baron and spearhead a comeback show. It's all rather marvelous, heartfelt fun.

"When I started this project," said Segel in Toronto recently to promote the film, "I made it mandatory that we had to acknowledge that the Muppets aren't as famous anymore. And I'll be honest, there was some controversy, there was some ego involved there, but it was important. But it became the core of the film, that the Muppets have to put on a show to remind the world about them."

Over 270 Muppets make it onto the screen, including such obscure characters as the diabolical Uncle Deadly and the massive Sweetums. In fact the only Muppet created for the film is Walter, our entry point into the film. Originally, however, Walter was designed to be a very different character.

"In my early drafts Walter was a puppet, my ventriloquist dummy and the secret is that he's actually alive," admits Segel.

"But when the puppeteers got involved in the process, they said you never acknowledge that these character are puppets, ever. So instead, we made him my brother…and we never acknowledge it!"

The Muppets is ideal family fare, with enough antics and tunes to please the kids and plenty of humour to please the parents. In other words, it's a classic Muppets outing in every sense.

"It was all about balancing levels of nostalgia … and about making sure people just have a great time at the movies," says Segel.

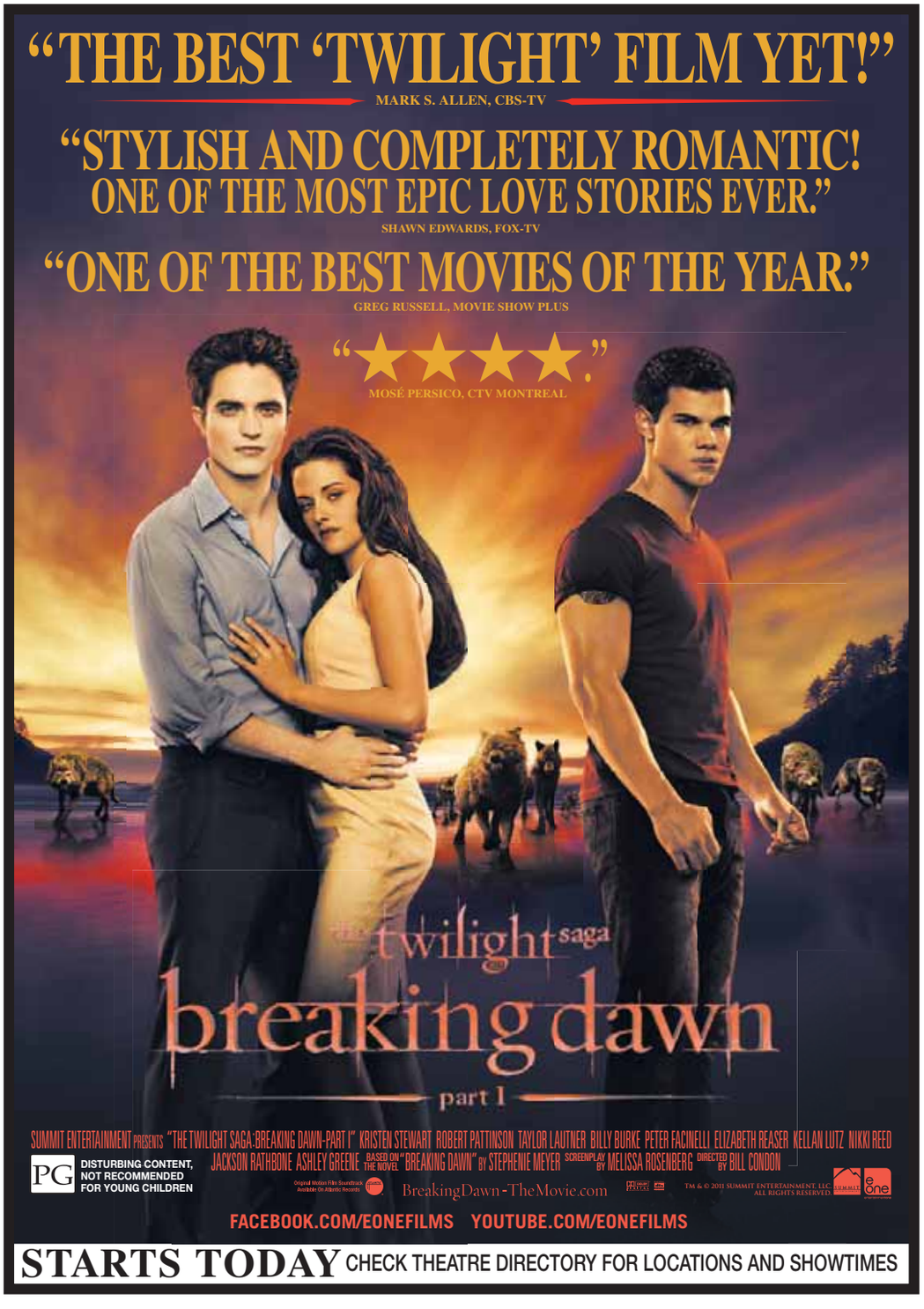
HANDOUT

▶ Jason Segel says that the new Muppets movie is all about making sure people have a great time at the movies.

Meeting Kermit

When The Muppets iconic star Kermit The Frog came to Toronto a few weeks ago for a media press conference hosted by Metro's own Richard Crouse, this scribe brought his four-year-old son Jack out to meet him. Sitting attentively in the front row amidst a sea of print, radio and TV elite, Jack — who had just come from a press screening of the film — listened and watched wide eyed as Kermit fielded reporters' questions and engaged in all manner of witty banter. When Crouse called an end to the event, Jack moved closer, offering Kermit a picture he drew and hoping to shake the Frog's fuzzy hand. Kermit obliged, of course, carefully saddling up beside the understandably starstruck lad, posing for a photo and a hug. It was the kind of moment a child — and a film loving parent — only dream of experiencing and if the look on Jack's face and the excited stories he now relates daily about that moment are any indication, the over four-decades-old Muppets franchise still has massive magic.

CHRIS ALEXANDER/METRO NEWS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twilight saga
breaking dawn
part 1
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THESE PAGES COVER MOVIE START TIMES FROM FRI., NOV. 18 TO THURS., NOV. 24 TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

HANDOUT

▶ Immortals stars Henry Cavill as Theseus, a mortal chosen to lead a fight against the ruthless King Hyperion.

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Contagion (14A) Fri-Thu 1:20-9:35
Crazy, Stupid, Love. (PG) Fri-Thu 1:10-4:10-7:20-9:55
The Debt (14A) Fri-Thu 4:05-9:55
Dolphin Tale (G) Fri-Thu 1-4:15-7:05
Harry Potter and the Deathly Hallows: Part 2 (PG) Fri-Thu 3:45-9:15
The Help (PG) Fri-Thu 12:50-4:15-7:45
One Day (PG) Fri-Thu 3:50-7
Rise of the Planet of the Apes (PG) Fri-Thu 1:20-4:05-7:20-10
The Smurfs (G) Fri-Thu 1:25-3:50-7:10
Spy Kids: All the Time in the World in 4D (PG) Fri-Thu 1:15-7
The Thing (18A) Fri-Thu 9:50
Warrior (14A) Fri-Thu 9:40
What's Your Number? (14A) Fri-Thu 12:50-4-7:25-10:05

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The Sleeping Beauty Live - Bolshoi Ballet (STC) Sun 1
The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes Fri-Sat 12-2:40-5:25-8:10-10:55 No Passes Sun-Thu 1:30-4:30-7:30-10:30

EAU CLAIRE MARKET
200 Barlay Parade, 403-263-3166

The Guard (14A) Fri 7:15-9:50 Sat 12:50-3:50-7:15-9:50 Sun 12:50-3:50-7-9:40 Mon 9:40 Tue-Thu 7-9:40
J. Edgar (PG) Fri 6:45-10 Sat 12:20-3:30-6:45-10 Sun 12:20-3:30-6:40-9:50 Mon-Thu 6:40-9:50
Like Crazy (PG) Fri 7:45-10:20 Sat 1:10-4:10-7:45-10:20 Sun 1:10-4:10-7:10-9:45 Mon-Thu 7:10-9:45
Martha Marcy May Marlene (STC) Fri 6:30-9:40 Sat 12:40-3:20-6:30-9:40 Sun 12:40-3:20-6:30-9:35 Mon-Thu 6:30-9:35
Melancholia (14A) Fri 7-10:10 Sat 12:30-3:40-7-10:10 Sun 12:30-3:40-6:50-9:55 Mon-Thu 6:50-9:55
The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes Fri 7:30-10:30 No Passes Sat 1-4-7:30-10:30 No Passes Sun 1-4-7:20-10 No Passes Mon-Thu 7:20-10

EMPIRE STUDIO 16 COUNTRY HILLS
388 Country Hills Blvd., 403-686-8491

Arthur Christmas (G) Stadium Seating, SR Dolby Digital Wed-Thu 12:45
Arthur Christmas 3D (G) Stadium Seating, SR Dolby Digital Wed-Thu 3:25-6:30-9:20
Happy Feet Two (G) Stadium Seating, SR Dolby Digital, No Passes Fri-Thu 12:15
Happy Feet Two 3D (G) Stadium Seating, SR Dolby Digital, No Passes Fri-Tue 2:45-6:35-8:55 Stadium Seating, SR Dolby Digital, No Passes Wed-Thu 2:35-6:35-8:55
Happy Feet Two: An IMAX 3D Experience (G) Stadium Seating, No Passes Fri-Thu 12:40-3:10-6:50-9:15
The Help (PG) Stadium Seating, SR Dolby Digital Fri-Tue 12-3:15-6:30
Hugo (STC) Stadium Seating, SR Dolby Digital Wed-Thu 12:05-2:50-6:15-9:05
Hugo 3D (STC) Stadium Seating, SR Dolby Digital Wed-Thu 12:20-3:15-6:55-9:35
Immortals (18A) Stadium Seating, SR Dolby Digital Fri-Tue 1:10-4:10-7:30-10:20 Stadium Seating, SR Dolby Digital Wed-Thu 1:10-4:10-7:30-10:15
J. Edgar (PG) Stadium Seating, SR Dolby Digital, No Passes Fri-Sun 12:20-3:45-6:45-9:50 Stadium Seating, SR Dolby Digital Mon-Tue 12:20-3:45-6:45-9:50 Stadium Seating, SR Dolby Digital Wed-Thu 12:20-4:15-7:10
Jack and Jill (PG) Stadium Seating, SR Dolby Digital Fri-Sat 12:50-1:20-3:3:30-6:55-7:15-9:10-9:55 Stadium Seating, SR Dolby Digital Sun 12:50-1:20-3-3:30-7:15-9:10-9:55 Stadium Seating, SR Dolby Digital Mon-Tue 12:50-1:20-3-3:30-6:55-7:15-9:10-9:55 Stadium Seating, SR Dolby Digital Wed-Thu 12:50-1:20-3-3:30-7:15-7:40-9:55-10:10
Moneyball (PG) Stadium Seating, SR Dolby Digital Fri-Tue 9:45
The Muppets (G) Stadium Seating, SR Dolby Digital Wed-Thu 1:15-3:45-6:45-9:10
Puss in Boots (G) Stadium Seating, SR Dolby Digital Fri-Tue 12:10-2:30-6:40-9:05 Stadium Seating, SR Dolby Digital Wed-Thu 12:10-2:30-6:40-9:10
Puss in Boots 3D (G) Stadium Seating, SR Dolby Digital Fri-Thu 1-3:25-7:20-9:40
Rockstar (PG) Stadium Seating, SR Dolby Digital Fri-Thu 1:55-5:10-9
Tower Heist (PG) Stadium Seating, SR Dolby Digital Fri-Thu 1:25-4-7:05-9:45
The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes, Stadium Seating, SR Dolby Digital Fri-Tue 12:30-12:45-1:05-1:30-3:40-4:05-4:25-4:45-6:35-7-7:25-7:45-9:20-9:35-10:05-10:20 No Passes, Stadium Seating, SR Dolby Digital Wed-Thu 1:05-1:30-4:25-4:45-7:10-7:30-9:45-10:10
A Very Harold & Kumar Christmas (18A) Stadium Seating, SR Dolby Digital Fri-Tue 1:40-4:40-7:40-10:15 Stadium Seating, SR Dolby Digital Wed-Thu 1:40-4:40-7:40-10:20
WWE Survivor Series - 2010 (STC) Stadium Seating, SR Dolby Digital Sun 6

EMPIRE STUDIO 10 MACLEOD TRAIL
100-16061 MacLeod Trail, 403-974-0470

Arthur Christmas (G) Digital Presentation, SR Dolby Digital, Stadium Seating Wed-Thu 1:10
Arthur Christmas 3D (G) Digital Presentation, SR Dolby Digital, Stadium Seating Wed-Thu 3:50-6:20-9:15
Happy Feet Two (G) Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Tue 1:15 Digital Presentation, SR Dolby Digital, Stadium Seating Wed-Thu 1:20
Happy Feet Two 3D (G) Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Thu 4:15-7:10-9:40
Hugo 3D (STC) Digital Presentation, SR Dolby Digital, Stadium Seating Wed-Thu 12:45-3:45-6:40-9:45
Immortals 3D (18A) Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Thu 1:50-4:40-7:45-10:20
In Time (PG) Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Tue 10:15
J. Edgar (PG) Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Thu 12:20-3:30-7-10:10
Jack and Jill (PG) Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Tue 12:50-3:50-7:40-10 Digital Presentation, SR Dolby Digital, Stadium Seating Wed-Thu 12:50-4:10-7:40-10
The Muppets (G) Digital Presentation, SR Dolby Digital, Stadium Seating Wed-Thu 12:15-3:15-6:50-9:30
Puss in Boots 3D (G) Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Tue 1-4-6:30-9:30 Digital Presentation, SR Dolby Digital, Stadium Seating Wed-Thu 1-4-6:30-9:20
Tower Heist (PG) Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Thu 12:30-3:20-7:20-9:50
The Twilight Saga: Breaking Dawn Part 1 (PG) Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Tue 12:15-12:45-3:15-3:45-6:15-6:45-9:20-9:45 Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Thu 1:30-4:30-7:30-10:30
A Very Harold & Kumar 3D Christmas (18A) Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Tue 1:40-4:20-7:50-10:15

GLOBE CINEMA
617-8 Avenue, 403-262-3308

Anonymous (PG) Fri 7 Sat-Sun 12:50-3:35-7 Mon-Wed 7
The Rum Diary (14A) Fri-Thu 9:35
The Way (PG) Fri 7:10-9:30 Sat-Sun 1:10-3:30-7:10-9:30 Mon-Thu 7:10-9:30

MOVIEDOME
1039 999 36 St. N.E., 403-248-2000

Abduction (14A) Fri-Thu 1:05-3:55-7:10-9:35
Contagion (14A) Fri-Thu 1-3:50-7:05-9:50
Dolphin Tale (G) Fri-Thu 12:40-3:25-6:45-9:25
The Help (PG) Fri-Thu 12:45-4:05-8
Johnny English Reborn (PG) Fri-Thu 12:50-3:40-7-9:55
Killer Elite (14A) Fri-Thu 12:55-3:35-6:50-9:45
Our Idiot Brother (14A) Fri-Thu 7:15-10
Rise of the Planet of the Apes (PG) Fri-Thu 1-3:30-6:55-9:45
The Smurfs (G) Fri-Thu 12:45-3:45-6:40-9:30
Spy Kids: All the Time in the World in 4D (PG) Fri-Thu 1:10-4

SCOTIABANK CHINOOK
6455 MacLeod Trail, 403-212-8994

Satyagraha (STC) Sat 10:55
The Sleeping Beauty Live - Bolshoi Ballet (STC) Sun 1
The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes Fri-Sun 11:30-2:10-5-8-11 No Passes Mon-Thu 1:30-4:30-7:30-10:30
WWE Survivor Series - 2011 (STC) Sun 6

PLAZA THEATRE
1133 Kensington Rd. N.W., 403-283-3636

Buck (PG) Fri 7-9 Sat 4-7-9 Sun 7:15-9:15 Mon 7-9 Tue-Thu 9:15

SUNRIDGE SPECTRUM
2555 32nd Street, 403-717-1200

The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes Fri-Sun 11:30-2:10-5-8-11 No Passes Mon-Thu 1:30-4:30-7:30-10:30
WWE Survivor Series - 2011 (STC) Sun 6

THE UPTOWN STAGE & SCREEN
612 8th Ave. S.W., 403-265-0120

Listings not available at press time.@Cinema name Theatre 6:Westhills 10
165 Stewart Green, 403-246-5291

Arthur Christmas (G) No Passes Wed-Thu 5:25-8:10
Happy Feet Two 3D (G) No Passes Fri-Sun 12:45-3:25-7-9:30 No Passes Mon-Thu 5:25-7:50
Hugo 3D (STC) No Passes Wed-Thu 6:05-8:50
Immortals 3D (18A) Fri-Sun 12:35-3:15-7:30-10:05 Mon-Thu 5:30-7:55
J. Edgar (PG) Fri-Sun 1:05-4:05-7:10-10:15 Mon-Thu 5:45-8:35
Jack and Jill (PG) Fri-Sun 1:30-3:55-8-10:30 Mon-Thu 6:25-9
The Metropolitan Opera: Anna Bolena - Encore (STC) Mon 6:30
Moneyball (PG) Fri 12:25-3:30-6:40-9:50 Sat 3:30-6:40-9:50 Sun 12:25-3:30-6:40-9:50 Mon 8:10 Tue 5:20-8:10
The Muppets (G) No Passes Wed-Thu 5:20-7:45
Puss in Boots (G) Wed-Thu 6:10-8:25
Puss in Boots 3D (G) Fri-Sun 1:40-4:30-7:05-9:20 Mon-Tue 6:10-8:25
Satyagraha (STC) Sat 10:55
Tower Heist (PG) Fri-Sun 1:10-4:20-7:50-10:20 Mon-Tue 6:05-8:50
The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes Fri-Sun 12:20-1:20-3:05-4:10-6:50-7:20-9:40-10:10 No Passes Mon-Thu 5:20-5:50-8:05-8:40
A Very Harold & Kumar Christmas (18A) Fri-Sun 12:50-3:40-7:35-9:55 Mon 5:30 Tue 5:30-7:40

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MORE USELESS INFORMATION

SOUND CHECK

ALAN CROSS
SCENE
@METRONEWS.CA

Every episode of my new radio show has a segment called Useless Information.

Here's some stuff I've uncovered so far. I am not be responsible for how you use this material, so be careful.

Before he joined Guns 'N Roses, Axl Rose was so hard up for cash that he joined a UCLA medical study where he was paid $8 an hour to smoke cigarettes.

The National Orchestra of Monaco has more members than its army.

An early member of The Offspring quit the band because he didn't see it going anywhere. Dr. James Lilija is now a respected gynecologist.

The saxophone in Lou Reed's Walk on the Wild Side was played by David Bowie's childhood music teacher.

One of Bob Marley's children played in the CFL. Rohan Marley had a career with the Ottawa Rough Riders.

The oldest performer to top the Billboard Album Charts is Tony Bennett. He did it earlier this year with his Duets II album at the age of 85.

Billie Joe Armstrong of Green Day had a cat named Zero. It died under mysterious circumstances involving a washing machine.

GETTY IMAGES

▶ Axl Rose

You know the "follow the bouncing ball" method of synchronizing song lyrics to singing in karaoke-like films? That was invented by Max Fleischer, the guy famous for animating the original Popeye.

Concerned about hidden backward messages on records, the state of California considered a law to outlaw messages that "can manipulate our behaviour without our knowledge or consent and turn us into disciples of the Antichirst." It didn't pass.

When U2's Bono was a kid, his nickname was Steinvic von Huyseman. He was later named after Bono Vox, a Dublin hearing aid store.

Before Rihanna recorded Umbrella, it was offered to Britney Spears and Mary J. Blige. They both turned it down.

Britney did choose to do …Baby One More Time — but only after it was rejected by both the Backstreet Boys and TLC.

And still speaking of bad decisions, Billy Idol and Brian Ferry both turned down a chance to record Don't You Forget About Me. Even Simple Minds had to be talked into it by a record company.

ALAN IS THE HOST OF THE RADIO SHOW THE SECRET HISTORY OF ROCK. REACH HIM AT ALAN@ALANCROSS.CA

The F stands for fighting

LMFAO reveals that a hit song was born out of scuffle with Mitt Romney

MARY ANN GEORGANTOPOULOS
SCENE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

HANDOUT

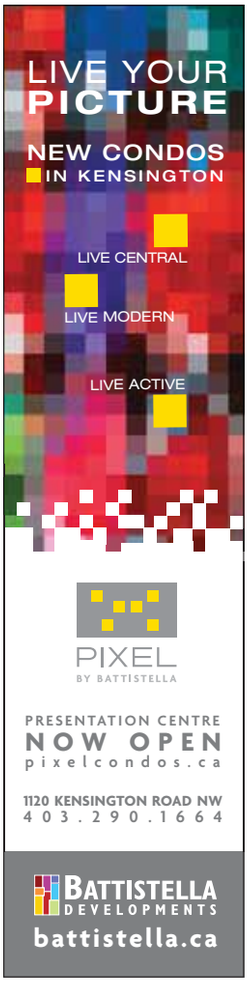
▶ LMFAO

They're famous lyric is "everyday we're shuffling," but maybe they should alter it to "everyday we're scuffling."

In an interview with The Washington Post, RedFoo said the song We Came Here to Party was inspired by his bandmate Sky Blu's argument with Mitt Romney. The incident happened in February 2010 when Sky Blue reclined his chair too far back into Romney's space while on a Jet Blue flight. The lyrics of the song include:

"We came here to party (ROCK!)/We didn't come here to fight/ We both get a lot of attention in the press / You sellin' books and wanna be the president / We sellin' hooks and the flow is heaven sent/ We both hustlin' so why we tustlin'."

RedFoo told the Washington Post that after the incident made national news, "both parties were fighting. Mitt Romney's fan were attacking the LMFAO fans and the LMFAO fans were going back and forth."



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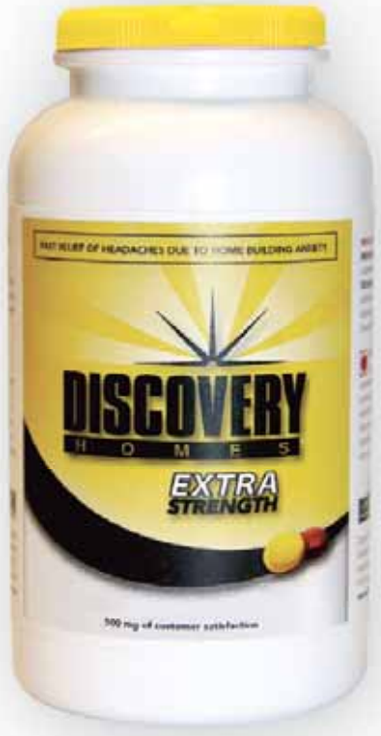

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Raising Martha

From Family Ties to Raising Hope — Martha Plimpton decides to step into granny panties as a series regular

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN HOLLYWOOD

Though she's popped up on a number of TV shows as a guest star — starting with Family Ties when she was 15 — film and theatre star Martha Plimpton had never taken a job as a series regular until Raising Hope debuted last year.

With raves from critics and fans alike and an Emmy nomination under her belt, it's a decision Plimpton clearly isn't regretting.

You're obviously very young to be a grandmother.

I don't think it's that unusual, actually — in this country anyway — to be a 40-year-old grandmother. It happens all the time.

So in that regard, I don't feel that we are doing anything that revolutionary or weird. But, yeah. I guess you're right. It depends on the family, you know. We've all gotten past the me as a grandma thing. That's, like, so 2010. We've moved on.

How has the show changed in its second season?

Well, in Season One, we were establishing relationships with the family and who we all are and what this family's about, and in Season 2, we're also seeing a little bit more of their town and the people that populate this town and the world of the Chances and their friends and their coworkers. What else? We established a little bit more of the history with Virginia and her evil cousin, Delilah, played by Amy Sedaris, who is absolutely fantastic. And so we see a little bit more of

MATTHIAS CLAMER/FOX

▶ Martha Plimpton

Virginia's insecure, vulnerable side with that dynamic, which was nice.

It's fun to play that stuff. Hope is bigger, of course. She's a toddler now. The girls who play Hope, Baylie and Rylie, are now almost 2, and so we're growing with them. We're adjusting our storylines and accommodating their, you know, newfound capabilities as human beings.

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  3 Saturdays, 9:00 am - 3:00 pm *(Dec. 3, 10 & 17)*
  6 Evenings, Tuesdays & Wednesdays, 6:00 - 9:00 pm *(Dec. 6, 8, 13, 15, 20 & 22)*
- **MS Excel 2007 (Foundation)**
  3 Saturdays, 9:00 am - 3:00 pm *(Dec. 3, 10 & 17)*
  6 Evenings, Mondays & Wednesdays, 6:00 - 9:00 pm *(Dec. 5, 7, 12, 14, 19 & 21)*
- **MS Access 2007 (Foundation)**
  3 Saturdays, 9:00 am - 3:00 pm *(Nov. 19, 26 & Dec. 3)*
  6 Evenings, Mondays & Wednesdays 6:00-9:00 pm *(Nov. 29, Dec. 1, 6, 8, 13 & 15)*
- **MS Publisher 2007**
  2 Saturdays, 9:00 am -3:00 pm *(Jan. 21 & 28, 2012)*
  4 Evenings, Tuesdays & Wednesdays, 6:00 - 9:00 pm *(Nov 22, 24, 29 & Dec. 1)*
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  4 evenings, Mondays & Wednesdays, 6:00-9:00 pm *(Dec. 5, 7, 12 & 14)*
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  6 Evenings, Tuesdays & Thursdays 6:00-9:00 pm; *(Jan. 17, 19, 24, 26, 31 & Feb. 2, 2012)*

Schedules and fees are subject to change without prior notice.

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CALGARY LEARNS

TV picks

GETTY IMAGES

▶ Jason Segel

Segel hosts SNL

FLORENCE AND THE MACHINE TO PERFORM. Will Kermit make a cameo on Saturday Night Live? His co-star in the new movie The Muppets, Jason Segel, hosts Saturday's instalment of SNL, so perhaps the world's most famous frog will join him in a sketch. (NBC, Global)

Looking at female rockers

FROM BESSIE SMITH TO LE TIGRE. Cyndi Lauper hosts the documentary Women Who Rock on Friday, which begins with profiles of female blues-roots musicians in the 1920s and then moves through the present pop scene. Those profiled include Bessie Smith, Mother Maybelle Carter, Heart's Ann and Nancy Wilson, Deborah Harry and Kathleen Hanna of Bikini Kill and Le Tigre. (PBS)

More Bieber

HANGIN' WITH THE BEST. Justin Bieber is slated to perform at the 2011 American Music Awards, airing live from Los Angeles on Sunday.

Other acts scheduled to sing include Katy Perry, Marc Anthony, Christina Aguilera, Kelly Clarkson, Chris Brown and Mary J. Blige.

The hosts are Nicki Minaj and Pitbull. Winners are determined by fan voting. (ABC, CTV)

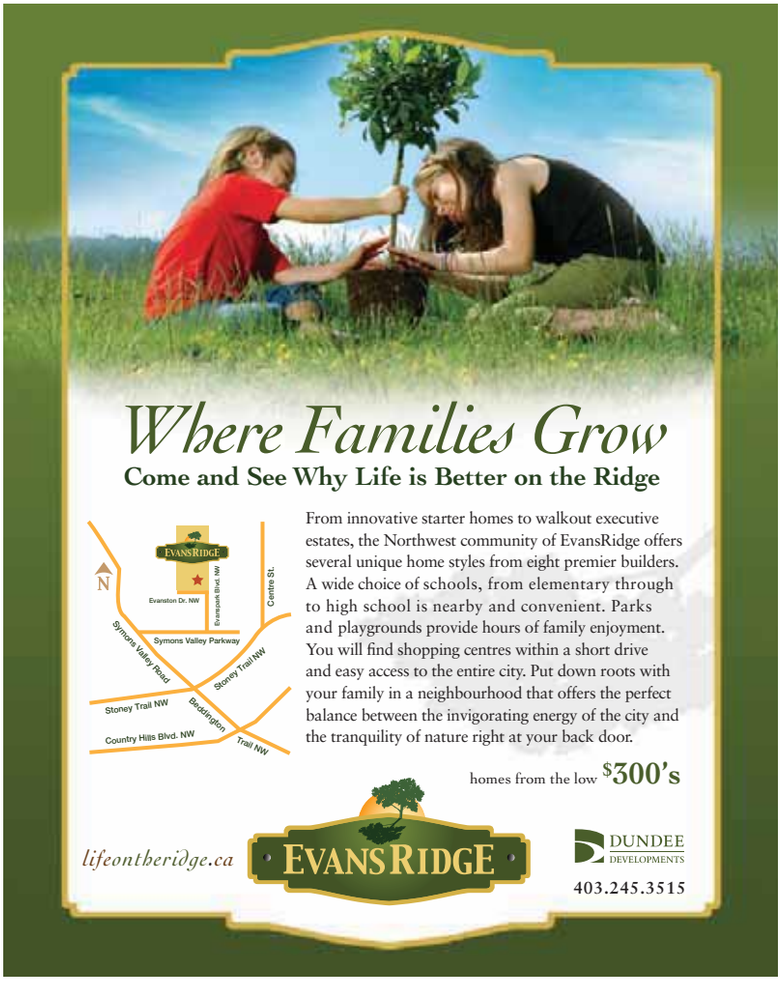
Honouring our sports peeps

WHO STOOD OUT THIS YEAR? Six Canadian sports luminaries are honoured in 2011 Canada's Sports Hall of Fame Induction Special. Sportsnet's Jamie Campbell hosts the 60-minute special on Saturday, which pays tribute to triathlete Peter Reid, hockey player Ray Bourque, football player Lui Passaglia, soccer player Andrea Neil, para-Alpine skier Lauren Woolstencroft and International Olympic Committee member Richard Pound. (Citytv)

Sedaris shakes things up

THE GOOD WIFE. Amy Sedaris guests on The Good Wife as Eli's rival who rattles his confidence on Sunday. (Global, CBS)

THE CANADIAN PRESS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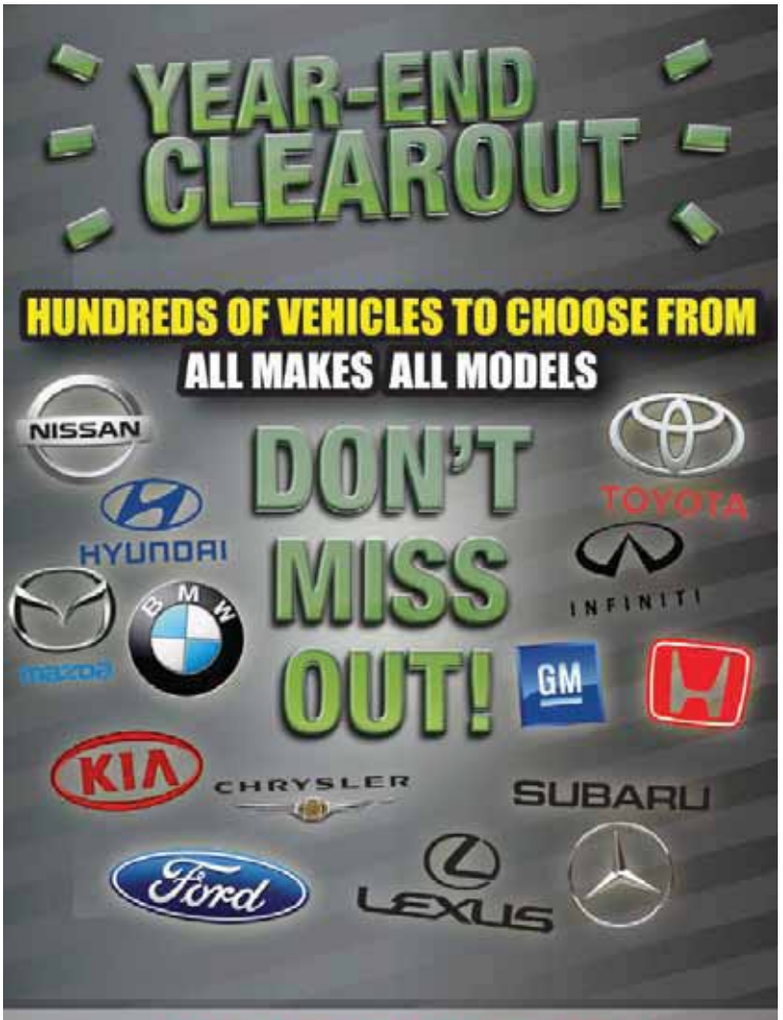


Kristin Cavallari takes on the Kardashians

Reality star Cavallari accuses famous family of spreading false rumours

ALL PHOTOS GETTY IMAGES

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA

Oh, snap! I've never been a super fan of Kristin Cavallari as, really, I'm not too sure what there is to be impressed by.

But I might have a change of heart as she totally called out the Kardashians on The Billy Bush Show on Wednesday.

Here's the backstory: Life & Style is running a story that Scott Disick, the boyfriend and baby daddy of Kourtney Kardashian, fooled around with Cavallari before hooking up with Kourtney.

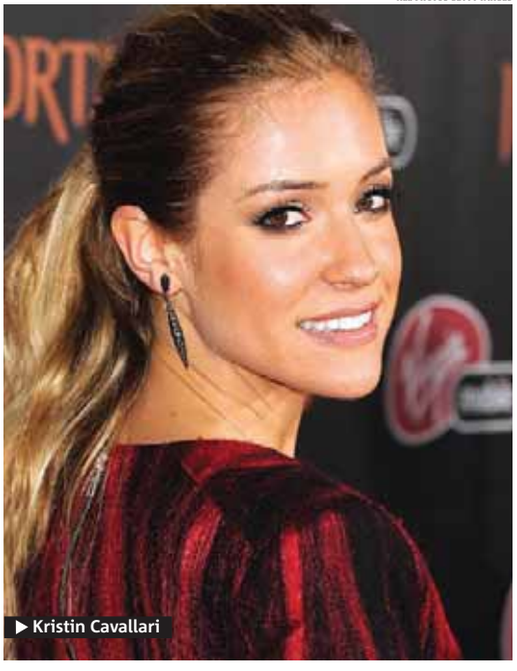
Kristin says this is "100 per cent not true" and accused the Kardashians of making news where there is none.

(The Kardashians flaming gossip rumours? Never!)

"What convenient timing for them. With their show premiering next week and with everything that's going on for Kim, I feel like they're trying to take the heat off her," she told Bush.

"When there's a big story like that, they always call you and ask if you want to comment and clearly none of them denied it, so it's very — it's really disrespectful to me. ... I'm in a committed relationship. It's disrespectful to me and Jay (Cutler) and I think it just says a lot about their character."

Um, everything that has happened in the past year with the Kardashians says a lot about their character, don't you think?



▶ Kristin Cavallari

Celebrity tweets

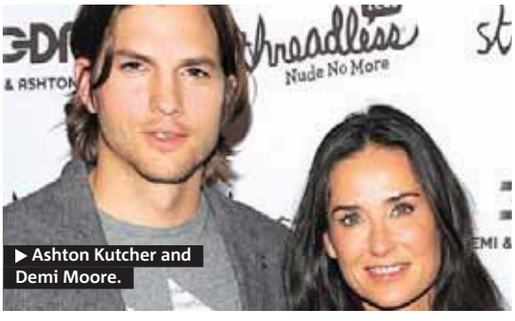
@rickygervais
Just told Billy Crystal he'd better not use any of my holocaust or pedophile material at The Oscars. He agreed

@MissKelly0
yaay so many of my friends are in town from london i'm so happy! was starting to get really really home sick!

@EvaLongoria
I always find a way to the kitchen wherever I am!

@ActuallyNPH
I was just looking back at my first few tweets, and I realize that I've really grown a lot since then. Matured.

Demi Moore and Ashton are done



▶ Ashton Kutcher and Demi Moore.

Demi Moore is ending her marriage to Ashton Kutcher.

The 49-year-old actress announced her divorce plans to The Associated Press Thursday, saying she's doing it with "great sadness and a heavy heart."

She said that "as a woman, a mother and a wife, there are certain values and vows that I hold sacred, and it is in this spirit that I have chosen to move forward with my life."

Moore adds that it's a trying time for her and her family, so she asked for people to respect her privacy.

Moore and Kutcher were wed in September 2005. The couple's relationship became tabloid fodder in recent months as rumours swirled about Kutcher's alleged infidelity.

THE ASSOCIATED PRESS

▶ Justin Bieber

Mo' Yeater problems

Justin Bieber's problems might not be going away as fast as he'd hoped, as reports have surfaced that Mariah Yeater is not actually dropping her paternity suit, having found new lawyers to represent her. But first she needs to do some clean-up work.

TMZ has published text messages Yeater reportedly sent to a friend suggesting her baby's father is someone other than Bieber. "pleeeease ERASE ALL MESSAGES from my mom where she says Tristyn is Robbies Son," one message reads, while a second seems far more incriminating: "Ill kick u when we get paid im trusting you pleeeease."

Her "friends" were fiscally savvy; they realized TMZ would pay for text messages before Yeater could.

METRO

Put on your baker's hat

- Forget running out to the bakery next time you want fresh bread
- These recipes offer three variations so you can keep on baking

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

The appeal of quick breads isn't merely the ease, though you have to love any baked good that is no more complicated than mixing a bunch of things together, then baking.

But it also is the adaptability and flexibility of these recipes that have earned them such a coveted place in the home kitchen. They can be flavoured with nearly any combination of ingredients, from sweet all the way to savoury and spicy.

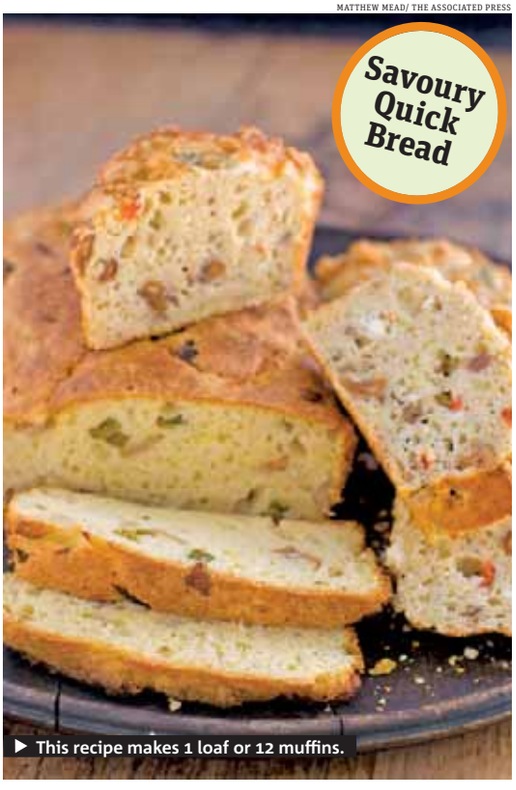
They also can be baked in numerous styles — loaves large or small, as muffins, even simply as muffin tops (if you have the right pan).

To help get you baking this fall, here are two basic quick bread base recipes; one savoury and one sweet. Each recipe includes suggested flavourings – easy ways to take a basic bread and turn it into so much more.

Savoury Quick Bread Preparation:

1 Heat oven to 180 C (350 F). Coat a loaf or muffin pan with cooking spray.

MATTHEW MEAD/ THE ASSOCIATED PRESS



▶ This recipe makes 1 loaf or 12 muffins.

2 In a large bowl, whisk together flour, cornmeal, baking powder, salt and sugar. In another bowl, mix together sour cream, butter, eggs, mashed potato and the mix-ins of your choice. Add potato-sour cream mixture to flour mixture and mix just until combined.

3 For loaf, spread batter into prepared pan. Cook until a wooden skewer inserted at the centre comes out clean, 60 minutes. For muffins, spoon batter into prepared tins and bake 20 minutes. Let cool for 10 minutes in pan, then turn out onto a cooling rack. Let loaf cool fully before cutting. **EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA /THE ASSOCIATED PRESS**

Ingredients:

- 500 ml (2 cups) all-purpose flour
- 50 ml (1/4 cup) cornmeal
- 12 ml (2 1/2 tsp) baking powder
- 5 ml (1 tsp) salt
- 30 ml (2 tbsp) sugar
- 250 ml (1 cup) sour cream
- 45 ml (3 tbsp) melted butter
- 2 eggs
- 250 ml (1 cup) cooked, mashed potato (unseasoned)
- Mix-ins (see fact box)

Variations

Southwestern
125 ml (1/2 cup) diced cooked bacon, 50 ml (1/4 cup) cooked diced green pepper, 125 ml (1/2 cup) cooked diced onion, 15 ml (1 tbsp) diced jalapeno

Olive-herb
175 ml (3/4 cup) chopped olives, 125 ml (1/2 cup) grated Parmesan, 30 ml (2 tbsp) chopped capers, 15 ml (1 tbsp) chopped fresh thyme, 15 ml (1 tbsp) chopped fresh rosemary

Blue cheese walnut
50 ml (1/4 cup) diced roasted red pepper, 125 ml (1/2 cup) toasted chopped walnuts, 125 ml (1/2 cup) crumbled blue cheese, 2 ml (1/2 tsp) black pepper

Falling for a hint of sweet

PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA
TWITTER: @THEREALWINEGUY

Whoever thought up raking leaves needs a good talking to. Not that I couldn't use the exercise, it's just that the whole exertion thing really detracts from the enjoyment of my favourite time of year.

I love fall, and even though mid-November can be a bit dreary, this calm before the pre-Christmas storm is a perfect opportunity to light that first fire of the season and get comfy with a glass or two of red wine.

When the weather outside starts to chill, reds — especially those with a good balance of tannin and bright berry fruit — make for fine imbibing with or without food. Find one with an accent of residual sugar and you've got a cocktail tipple that easily overshadows the appeal of a pint of ale or fancy mixed drink.

One of the latest new wave wines that isn't afraid to throw around a bit of sweetness is Apothic Red 2009 Winemaker's Blend ($14.99 - $17.48). Made by E & J Gallo, it's a swirling mix of syrah, zinfandel and merlot that's smooth and juicy with a finalé of big berry fruit. **PRICES REFLECT THE RANGE ACROSS CANADA. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

3 life

Baking guides

Not sure about your baking abilities? The Baker's Field Guide series offers a practical guide for even the most novice baker.

The series includes Holiday Candy and Confections, with a selection of goodies to get you through the Yuletide season, as well as guides to cupcakes chocolate chip cookies. Harvardcommonpress.com.

METRO

German designer proves that milk does a body good – even when it's worn.

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HOLIDAY 2011
gift guide

Go Go Gadget

Latest technology will make anyone smile when they open these

JUPITERIMAGES/BRAND X PICTURES/THINKSTOCK

MIKE YAWNEY
FOR METRO

Nothing gets the heart racing like finding a brand new gadget underneath the Christmas tree! Computers, tablets and all of the accessories that come with them are always hot sellers during the holiday season.

Don't know where to start? Don't worry! Our gadget guide has you covered.

Here are a few of our favourite picks:

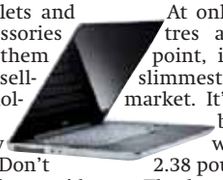
Apple iMac — starting at $1,199

An all-in-one computer with style! Featuring quad-core Intel processors, HD graphics card, Thunderbolt data transfer technology and HD FaceTime camera, this computer can handle whatever you throw at it.

As with all Apple computers, all the essential software comes bundled with the computer. Screen sizes range from 21.5 to 27 inches.

MacBook Air — starting at $999

This ultra-portable laptop is sure to turn heads.



At only 1.7 centimetres at its thickest point, it's one of the slimmest laptops on the market. It's also incredibly light, weighing only 2.38 pounds.

The latest model has a backlit keyboard, which means you can work in any lighting condition, even beside a roaring yuletide fire.

Dell XPS 14Z — $999.99

A luxury laptop loaded with powerful technology.

This 14-inch laptop features second generation Intel core processors, a roomy 14-inch HD display with edge-to-edge glass and an ultra-thin frame.

Sony VAIO Z Series — $1,999.99

Multi-layered carbon casing protects this rugged, yet thin, Windows 7 laptop from the wear and tear of daily life.

Intel Wireless display technology allows you to stream online TV shows, movies and photos right to your TV with full 5.1 surround sound! Add the optional Blu-ray player/burner and you have a mobile home theatre.

Plus, it has a built-in HD webcam that can track your face and continuously focus, even if you move.

HP PhotoSmart eStation — $399

It's an all-in-one printer with a twist! Sure, it can print, scan, copy and fax, but the seven-inch LCD display holds a secret … you can detach the touchscreen and use it as a basic tablet. Read e-books, send email, log on to Facebook or control your printer wirelessly. You can also download a select number of apps from HP, which will allow you to print everything from recipes to colouring book pages for your kids right from the tablet.

Blue Eyeball 2.0 — $99.99

A revolutionary new webcam from Blue Microphones.

Broadcast or record videos in high definition with crystal clear audio. When you want privacy, simply retract the lens! The unique mounting system allows the camera to be set up on a desk or monitor. Works on both Mac and PC, no drivers required.

Samsung Galaxy Tab 10.1 — starting at $499

An Android tablet with snappy performance thanks to its 1GHz Dual Core processor. The 10.1-inch screen makes it easy to surf the web (including Flash content), or watch movies. If you are in a creative mood you can record your own HD movie via one of two cameras (2 megapixel and 3 megapixel) built into the device.

iPad 2 — starting at $519

Apple's iPad 2 remains the No. 1 tablet on the market. Its stylish form factor and intuitive operating system make it easy for anyone to pick up and use.

With more than 500,000 apps available in Apple's app store, there truly is an app for everything.

From top, Dell XPS 14Z, $999.99, Apple iMac, starting at $1,199, HP PhotoSmart eStation, $399, right.

Top, Blue Eyeball 2.0, $99.99, and the iPad 2, starting at $519.

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Best gifts come from the heart

HEATHER BUCHAN
FOR METRO

Yes, it's the season of giving, but that doesn't mean you have to overspend at Christmas. Here are some quick tips for ways to enjoy the holidays without feeling the burden of spending. It's a reminder to us all that some of the greatest gifts come from the heart.

Making edible gifts

Making edible gifts is a great way to save money on presents. Whether it's shortbread cookies, brownies, jam, homemade granola, cake or syrup, the options are endless, as are the ways in which to package your culinary creation in an inexpensive way.

The gift of time

Giving the gift of time is a meaningful way to show just how much you care.

Whether it's giving a relative a handmade gift certificate to be redeemed throughout the year for a special home-cooked dinner, a foot massage, a night out while you watch the kids, or a house clean, this type of gift can, many times, be much more appreciated than buying them an object. Giving time to the community also gets children to think beyond themselves during the holidays.

This could involve volunteering as a family at a local charity or shelter or dedicating an afternoon to helping out at a food bank.

Inexpensive family activities

There are numerous ways to enjoy time with family and friends leading up to and during the holidays without spending a ton.

• Buy a gingerbread house kit at the supermarket ($10 to $15) and devote an evening to making it.

• Dedicate a weekend afternoon to making Christmas tree ornaments to adorn your tree. Most of the materials can be bought at art supply or dollar stores.

Wrapping paper

A lot of money goes into wrapping paper during the holidays, which quickly ends up in the garbage, so wrap gifts with pages torn from magazines or newspapers. Not only is this an excellent way to save money, but it also helps the environment by saving trees.

ISTOCKPHOTO/THINKSTOCK

Choose charity for that special someone

TERESA CHIYKOWSKI
FOR METRO

This holiday season take the guesswork out of deciding what to buy for the person who has everything.

Eliminate the awkwardness of exchanging cheques or ugly sweaters with your siblings. Avoid the frenzied trip to the mall and the search for that all-elusive parking spot.

Thousands of charities that start at home

CanadaHelps.org is a one-stop shop for giving that allows you to donate to any Canadian charity with a few simple clicks. With more than 86,000 Canadian charities listed, you can find the perfect present for mom, dad, grandparents, friends, clients/colleagues and a favourite teacher all in one spot. (canadahelps.org).

Give a charitable gift

Gifts that "give back" come in all shapes and sizes and offer something for just about everyone. So, if you are in the market for that perfect charitable gift for that special person in your life, where do you begin? Here are some ideas to get you started.

For the kids who can't be home for the holidays

Donations help support programs that make the holiday season a special and magical time for children and their families — from decorations that adorn hospital walls, to providing gifts at bedside for children who are unable to leave, to serving a special holiday meal to give families a valued break. (sickkidsgetbettergifts.com).

A helping hand to developing countries

Plan Canada has a program to help those in need in developing countries. Choose from the Gifts of Hope catalogue or the Support a Solution program. Through the latter, you can donate a specific amount to help provide items such as books for mothers learning to read, clean water pumps for a designated village or livestock for rural farmers. (plancanada.ca).

Hey, Canada!
Soup's on!

A PERFECT CHRISTMAS GIFT!
Heartwarming and inspiring stories by Canadians, for Canadians.
Includes stories from singer-songwriter Amy Sky, NHL-er Matt Duchene, musician Marc Jordan, TV storm chaser George Kourounis, and lyrics from Liona Boyd.
Do you have a story to share? Share it with us on Facebook and win a copy of CHICKEN SOUP FOR THE SOUL: O CANADA
www.facebook.com/simonandschustercanada
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Chicken Soup for the Soul

THIS CHANGES EVERYTHING

NEW WIRELESS SERVICE PROVIDERS PUT CUSTOMERS FIRST

Leasa Sulz couldn't believe it! When she'd signed up for a wireless plan back in 2008, she'd negotiated unlimited texting. But her bill was for more than $1,000 with $970 of that for texting. Then it took Sulz, of Edmonton, an aggravating five months to reverse the charges and fix the problem.

She's not alone. In fact, these types of complaints are on the increase.

Canada's Commissioner for Complaints for Telecommunications Services received 8,007 official complaints about cellphones, home phones and internet service in 2010-2011, an increase of 114 per cent over the previous year. Wireless service caused the most headaches; and 80 per cent of all complaints had to do with billing errors and contract disputes.

Many wireless customers are unhappy about the cost of their service too, according to the J.D. Power and Associates 2011 Canadian Wireless Customer Satisfaction Study. The study also showed that the cost of monthly contract service has increased on average to $78 in 2011 from $71 in 2009.

Furthermore, just about half of customers in the study who had a wireless sales experience within the past six months were switching or considering switching carriers to one of the newer wireless service providers such as Mobilicity.

Burnaby, B.C. realtor Ian Su is a good example. He switched to Mobilicity to free himself of all the additional charges on his old $45 plan. He had actually started to limit calls he made to clients unless he was at the office or a coffee shop with free WIFI – and that was stressful and reduced his productivity. His solution was to buy a Mobilicity Android smartphone with unlimited talk text and data service.

As Su discovered, the industry is getting more competitive – and this is especially true as the holiday season approaches. Earlier this week, Mobilicity cut its regular monthly rate plans by 50 per cent for a limited time.

Named one of Canada's Top 25 Up and Coming Information and Communication Technology start-ups in 2010, Mobilicity scored highest in overall customer satisfaction – +28 per cent higher than the average wireless company.

The company provides unlimited talk, text and data plans, affordable North American coverage, and popular handsets and smartphones with no contracts or extra or hidden fees.

Says Mobilicity's CEO Dave Dobbin: "There are no contracts and you won't receive an outrageous bill at the end of the month with surprise charges and extra fees. The price of the plan is the price that you pay, it's that simple."

MOBILICITY: MAKING A DIFFERENCE

- **Vancouver consultant Chad Brown switched to Mobilicity after he received a $475 bill from a large carrier last spring. One thousand outgoing daytime minutes in his old $45 plan weren't enough. "But now I don't have to worry about going over."**
- **When Vineet Sharma, a sales analyst, moved to Toronto from Australia, he ended up buying a top-of-the-line Android phone from Mobilicity and put it on the carrier's $35 unlimited talk and text plan. He added unlimited data for an extra $10. Sharma had never thought to access email or the internet due to high wireless data calls. "But with Mobilicity, I pay a fixed monthly rate. If my plan says it is $45, it's only going to cost me $45."**
- **When Ottawa office manager Eugenia Montes switched her family to Mobilicity, she cut their monthly $200 bill in half. Now, thanks to her plan's unlimited North America long distance and global text features, Montes calls and texts friends and family in New York regularly. "I'd be crazy if I didn't switch."**

SHOPPING FOR A SMARTPHONE?

HERE ARE 5 HELPFUL TIPS

There's a reason smartphones are all the rage and industry analysts are projecting over a billion people around the world will own one by 2013. Smartphones offer the functionality of a mobile phone, computer and media player all in one savvy device.

But with so many from which to choose, making a smart smartphone decision isn't always easy.

The key is to determine how the device will be used beyond making phone calls, according to unlimited wireless carrier Mobilicity who offers consumers these handy tips:

1 ***For avid texters and emailers,*** smartphones with a raised keyboard, like on the new BlackBerry Bold 9900, are recommended because they enable quick and easy typing and messaging.

2 ***For those who want to regularly browse the web,*** watch video and play games, a touch-screen Android smartphone, like the Samsung Nexus S, is a better bet with its large, vivid, touch-responsive display and app marketplace.

3 ***Music and movie buffs*** should get enough onboard memory to store their favourite tunes and flicks. For most, 16 GB of space should do the trick.

4 ***Business professionals*** will appreciate cool value-add features like the ringer on the HTC Panache Android smartphone which can be silenced in meetings or other quiet areas, simply by turning the device over. It also has a front-facing camera so users can take perfectly framed self-portraits and videos.

5 ***Whether the phone is for you or a friend,*** look beyond the price of the hardware. Calculate the long-term usage costs, especially since data can be expensive. Look for an unlimited data plan that is truly unlimited and prevents the possibility of a whopper of a bill from watching YouTube, checking email and downloading hot, new apps every month.

KEEPING IN TOUCH

THE BEST (AND MOST INEXPENSIVE) GIFT OF ALL

If budget or circumstance means you won't get home for the holidays this year, don't despair. Celebrating with faraway friends and family is getting easier and more affordable thanks to advances in Canada's mobile phone market, says Anthony Booth, chief customer officer at Mobilicity, an unlimited wireless carrier.

"Canadians are finally starting to enjoy lower wireless rates with unlimited plans that include free long distance across Canada and the U.S.," he explained. "Now, calling relatives located thousands of kilometres away can be as affordable as calling people in the same city from your mobile phone."

Long-distance calling aside, Booth says there are many other ways to inexpensively stay connected to everyone over the holidays using a smartphone.

STAY CONNECTED

Send quick holiday greetings, updates and photos via Twitter or BlackBerry Messenger (BBM). If you don't have a data plan or would rather text, go with a carrier like Mobilicity that offers free global texting.

VIDEO GREETINGS

Use your smartphone with a front-facing camera, like the HTC Panache, to film a video holiday card as an alternative to a traditional greeting card. Simply upload to a private link on YouTube and email your loved ones the link. Prefer talking in real-time? Some carriers offer affordable global long distance rates that rival calling card rates.

ONLINE CALLING

Internet-based calling apps like Skype will let you talk to your heart,s content without the worry of a costly bill.

Toy around with these gift ideas

We have rounded up a few of the coolest new toys that are sure to top wish lists this Christmas.

Manhattan Toy Whoozit Learn & Play Folding Activity Cube, $29.95.

Infants (0-12 months)

Manhattan Toy Whoozit Learn & Play Folding Activity Cube ($29.95)
This cube unfolds to reveal five activities featuring contrasting colours and movable parts that stimulate and engage baby's senses. Available at Mastermind Toys (mastermindtoys.com).

Fisher-Price Laugh & Learn Apptivity Case ($18)
This durable rubber iPhone or iTouch case, complete with easy-grasp handles, lets baby enjoy their own apps on your device while a clear film protects your screen. Even without anything inside, the case still entertains baby thanks to rattle beads on the handles and a mirror on the back. Available at Toys "R" Us (toysrus.ca).

Toddlers (12-36 months)

VTech Catch-Me-Kitty ($20)
This cute kitten scoots around, encouraging toddlers to chase it, which stimulates visual awareness and interaction. When the child approaches, a sensor on the cat reacts with sounds and motion. A wagging tail, light-up nose and three numbered shape buttons help develop motor skills. Available at Mastermind Toys (mastermindtoys.com).

Radio Flyer Classic Tiny Trike, $69.95
With a padded seat, durable moulded wheels with grip tread and a wide wheel base for stability and safety, this trike offers a smooth ride for beginners complete with red streamers and a bell. Available at chapters.indigo.ca (free shipping).

Preschoolers (3-5 years)

Sesame Street Playskool Let's Rock! Elmo ($79.99)
Dressed in a concert-style tee, singing Elmo comes with a tambourine and drum set that he plays. He even interacts with other Let's Rock instruments (sold separately). Available at Zellers (zellers.com).

Furreal Friends My Playful Pup Cookie ($64.99)
This pup is as real as they come and a great gift for the preschooler begging for a dog. She barks and wags her tail when she is pet, turns her head when her cheek is scratched and babbles away when spoken to. She will also crunch away on her toy bone when it's put in her mouth. Available at Toys "R" Us (toysrus.ca).

Sesame Street Playskool Let's Rock! Elmo, $79.99.

Kids (6-8 years)

LeapFrog Leapster Explorer Learning Game System, Green Edition ($79.99)
With hi-res graphics, a stylus to practise writing and a powerful processor that has the ability to download games, e-books, videos and more through LeapFrog's online Leaplet store, this next generation Leapster delivers it all (comes in both English and French versions). Available at Toys "R" Us (toysrus.ca).

Radio Flyer Classic Tiny Trike, $69.95.

Sno-Paint Sno-Crayon Assorted ($5.95 each)
Kids can create their very own works of art in the snow this winter with these Sno-Crayons. Each crayon comes with a matching packet of Sno-paint solution. Just flip the crayon lid, fill the crayon with warm water and solution and then squeeze onto the snow. Available at Mastermind Toys (mastermindtoys.com). HEATHER BUCHAN

Tool Time

Black & Decker New Orb Vac, $39.99. Available at Canadian Tire, Home Hardware and blackanddecker.com.

Mastercraft 5-Drawer Chest, Sky Blue, 30-inch (top), $389.99. Mastercraft 5-Drawer Cabinet, Sky Blue, 30-inch (bottom), $599.99. Available at Canadian Tire. Go to canadiantire.ca for more.

Black & Decker Sure Grip Laser Level. $29.99. Available everywhere and blackanddecker.com.

Mastercraft 71-Piece Air Tool Kit, $279.99. Available at Canadian Tire.

Mastercraft Multi-Purpose Tool Set, 28-Piece, $66.99. Available at Canadian Tire.

Multi-Socket Puck, $9.99. Available at Canadian Tire.

Porter Cable Oscillating Tool kit, $139.99. Available at portercable.com.

Mastercraft Maximum Inspection Camera, $249.99. Available at Canadian Tire.

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Gifts for her

Attitude Jay Manuel "Vital" Peep-Toe Shootie, $69.99. Available at Sears. For more, go to sears.ca.

OMEGA Seamaster Planet Ocean Collection for men and women. Price varies on watch. Available at omegawatches.com.

Swiss Dot Blouse, $55. Available at RW&CO, rw-co.com.

Halter Blouse With Bow, $50. Available at RW&CO, rw-co.com.

Cosmopolitan Hat, $105. Available at Tilley. For more, go to tilley.com.

Pearl Embellished Knit Vest By Moon, $69. Exclusive to The Bay. For more, go to thebay.com.

Earrings By Expression, $20. Available at The Bay. For more, visit thebay.com.

NEXT WEEK: CAMERAS, PET GIFTS & MORE

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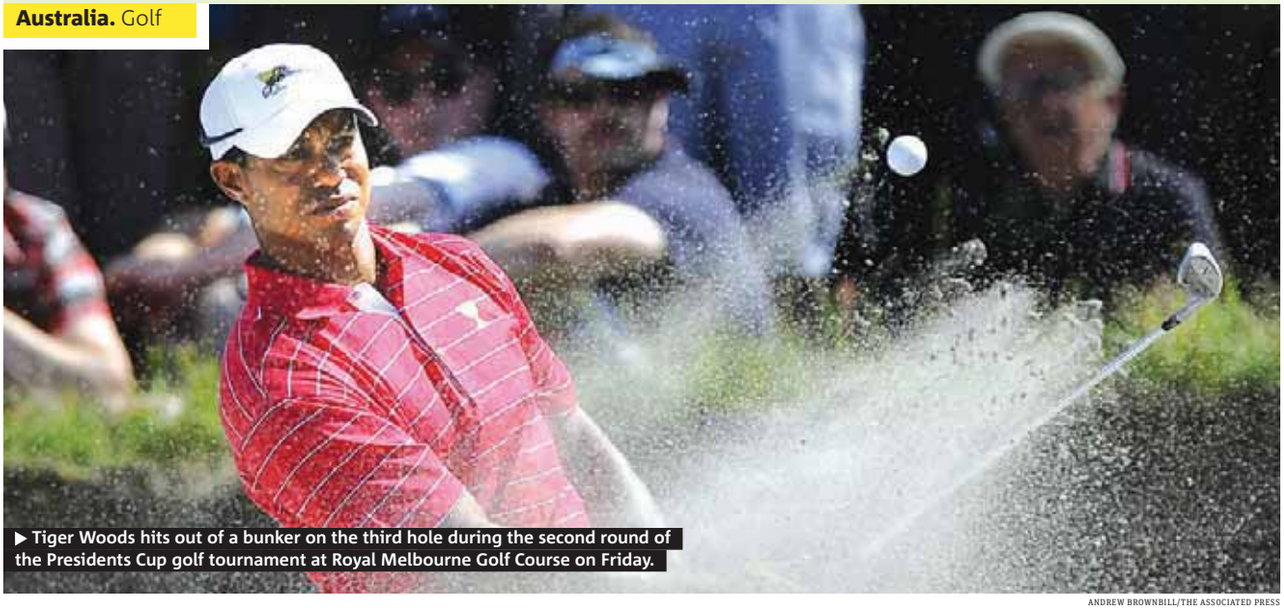

▶ Tiger Woods hits out of a bunker on the third hole during the second round of the Presidents Cup golf tournament at Royal Melbourne Golf Course on Friday.

ANDREW BROWNBILL/THE ASSOCIATED PRESS

Woods makes birdie; U.S. takes early lead at Presidents Cup

Tiger Woods ended his birdie drought at the wind-swept Presidents Cup on Friday in Melbourne, Australia, with a curling downhill putt that could have gone off the green if it hadn't hit the centre of the hole. Woods, trying to make up for a 7-and-6 foursomes loss with Steve Stricker on Thursday in which they failed to make a birdie, saw an easier effort on the first hole of his fourballs match Friday lip out, enabling Jason Day and Aaron Baddeley to halve the hole. The Americans took a 4-2 points lead into Friday after winning three foursomes matches and halving two Thursday.

Quoted

"The people I'm now associated with, just by having this award, is something that I never thought would ever happen."

CLAYTON KERSHAW OF THE LOS ANGELES DODGERS, AFTER WINNING THE NL CY YOUNG AWARD ON THURSDAY.

Can Ticats pen a happy ending?

CFL EXTRA POINTS

DAN TOTH
CALGARY@METRONEWS.CA

The Hamilton Tiger Cats can't possibly pull off another upset like the one we witnessed last Sunday in Montreal, can they?

Hamilton was the most schizophrenic team in the CFL this season, surprising even themselves by knocking off the two-time defending Grey Cup champs in the East semifinal.

The trick now is to repeat the performance Sunday in a defensive battle in Winnipeg. The Ticats defence will need to get to Bombers quarterback Buck Pierce, find a way to stop Winnipeg's running game, and create some turnovers. Is that asking too much?

The vaunted Bombers defence, which coined the term "Swaggerville" and incensed opponents across Canada this season, will have its hands full stopping Tiger-Cats back Avon Cobourne but has a track record to back up their boasts.

Winnipeg's three wins over Hamilton this season makes them a significant favourite in the East final, although the Tabbies proved in Montreal they can't be taken lightly. **Our pick: Winnipeg by 3**

Eskimos vs. Lions: Jerome Messam's absence from Sunday's West final might say more about his contribution to the Edmonton Eskimos this season than if the exciting running back could play in this playoff showdown. Messam tore the meniscus in his left knee in last weekend's win over Calgary and is out for the season, possibly killing the Esks' chances of upsetting the heavily favoured B.C. Lions. **Our pick: B.C. by 6**

Jyles not top of list in Argos' QB plans: Jim Barker is wearing his best poker face, but he's not fooling anyone.

Barker is telling everyone who'll listen that he intends to re-sign marginally talented backup quarterback Steven Jyles as the Toronto Argos starter next season.

The reality is Barker's Argos are desperate for a proven winner on offence who can also sell tickets and Calgary QB Henry Burris is a perfect fit in both categories.

At the same time, it's hard to believe the Stampeders will punt the CFL's 2010 Most Outstanding Player, but it comes down to a numbers game — the zeroes on Burris's paycheque.

At a reported $350,000-$400,000 per season, Burris is easily the highest player on the Stamps and his departure will clear up at least $200,000 of cap space for 2012. With only one team in dire need of a QB, Calgary is handcuffed in a possible trade and Barker's Bluff doesn't improve their chances of getting fair market value.

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NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	18	11	4	2	1	69	52	25	5-3-1-1	6-1-1-0	6-2-1-1	W3
d-Buffalo	18	11	7	0	0	55	47	22	5-5-0-0	6-2-0-0	6-4-0-0	L1
d-Washington	17	10	6	0	1	57	49	21	6-1-0-1	4-5-0-0	3-6-0-1	L3
Pittsburgh	19	11	5	1	2	58	47	25	6-1-1-0	5-4-0-2	6-3-0-1	L1
NY Rangers	16	10	3	1	2	47	33	23	5-1-0-1	5-2-1-1	8-1-0-1	W7
Toronto	19	10	7	1	1	54	65	22	5-3-1-1	5-4-0-0	4-5-0-1	L3
Florida	18	9	6	0	3	53	46	21	2-2-0-3	7-4-0-0	4-3-0-3	L1
Ottawa	20	10	9	0	1	61	68	21	5-4-0-1	5-5-0-0	5-4-0-1	W3
Boston	17	10	7	0	0	58	39	20	8-5-0-0	2-2-0-0	7-3-0-0	W7
Tampa Bay	18	9	7	0	2	52	56	20	6-1-0-0	3-6-0-2	6-4-0-0	W1
New Jersey	17	9	7	0	1	45	48	19	4-3-0-1	5-4-0-0	5-5-0-0	W1
Montreal	19	8	8	1	2	49	49	19	3-4-1-2	5-4-0-0	6-2-1-1	L1
Winnipeg	19	7	9	2	1	52	61	17	4-3-0-0	3-6-2-1	4-4-2-0	W2
Carolina	19	6	10	2	1	46	67	15	4-4-0-1	2-6-2-0	3-7-0-0	L2
NY Islanders	16	5	8	2	1	35	50	13	5-4-1-0	0-4-1-1	2-5-2-1	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Chicago	19	12	4	1	2	67	53	27	7-1-0-2	5-3-1-0	7-2-1-0	W4
d-Minnesota	19	11	5	2	1	44	38	25	6-2-1-0	5-3-1-1	9-1-0-0	W3
d-Dallas	17	11	6	0	0	48	47	22	6-2-0-0	5-4-0-0	5-5-0-0	L3
Nashville	18	10	5	2	1	50	44	23	4-2-1-1	6-3-1-0	7-1-2-0	W2
Phoenix	17	9	5	1	2	47	43	21	4-3-1-1	5-2-0-1	6-2-1-1	L1
St. Louis	18	10	7	0	1	46	40	21	7-1-0-1	3-6-0-0	6-3-0-1	W3
Los Angeles	18	9	6	1	2	43	41	21	6-4-0-1	3-2-1-1	4-4-1-1	W2
Edmonton	18	9	7	0	2	41	43	20	5-2-0-1	4-5-0-1	5-5-0-0	L4
San Jose	15	9	5	1	0	44	39	19	4-3-1-0	5-2-0-0	7-2-1-0	L1
Detroit	16	9	6	1	0	43	35	19	7-2-1-0	2-4-0-0	4-5-1-0	L1
Vancouver	19	9	9	0	1	56	56	19	4-3-0-1	5-6-0-0	5-5-0-0	L1
Colorado	19	8	10	1	0	52	61	17	2-6-0-0	6-4-1-0	2-7-1-0	L3
Anaheim	18	6	8	1	3	36	53	16	4-4-0-0	2-4-1-3	2-5-1-2	L2
Calgary	17	7	9	1	0	36	45	15	3-5-1-0	4-4-0-0	5-5-0-0	L1
Columbus	18	3	13	0	2	39	66	8	3-6-0-1	0-7-0-1	3-6-0-1	L2

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Ottawa 5 Edmonton 2
Winnipeg 4 Washington 1
Nashville 4 Toronto 1
N.Y. Islanders 4 Montreal 3
Boston 2 Columbus 1 (SO)
Minnesota 1 Colorado 0
Philadelphia 2 Phoenix 1
Tampa Bay 4 Pittsburgh 1
St. Louis 4 Florida 1
Los Angeles at Anaheim
Detroit at San Jose

Wednesday's results
Montreal 4 Carolina 0
Chicago 5 Vancouver 1
Los Angeles 2 Anaheim 1 (SO)
New Jersey 5 Buffalo 3

Tonight's games
Buffalo at Carolina, 7 p.m.
Dallas at Colorado, 9 p.m.
Chicago at Calgary, 9 p.m.

Tomorrow's games
Philadelphia at Winnipeg, 3 p.m.
Detroit at Los Angeles, 4 p.m.
Phoenix at Buffalo, 7 p.m.
Washington at Toronto, 7 p.m.
N.Y. Rangers at Montreal, 7 p.m.
Boston at N.Y. Islanders, 7 p.m.
New Jersey at Tampa Bay, 7 p.m.
Pittsburgh at Florida, 7:30 p.m.
Columbus at Nashville, 8 p.m.
St. Louis at Minnesota, 8 p.m.
San Jose at Dallas, 8 p.m.
Chicago at Edmonton, 10 p.m.

ISLANDERS 4, CANADIENS 3

First Period
No Scoring.
Penalties — Palushaj Mtl (boarding) 2:07, Streit NYI (holding) 2:59, Staios NYI (tripping) 7:13, Weber Mtl (interference) 11:43.
Second Period
1. N.Y. Islanders, Parenteau 3, 0:41
2. N.Y. Islanders, Pandolfo 1 (Bailey, Martin) 3:01
3. N.Y. Islanders, Streit 2 (Martin) 9:08
4. Montreal, Paciorety 9 (Eller) 14:52
5. Montreal, Cole 5 (Diaz, Plekanec) 17:38
6. N.Y. Islanders, Moulson 6 (Tavares, DiPietro) 18:15
Penalty — Emelin Mtl (holding) 5:29.
Third Period
7. Montreal, Gionta 5 (Cammalleri, Plekanec) 15:42 (pp)
Penalties — Grabner NYI (tripping) 10:49, Staios NYI (boarding) 14:02.
Shots on goal by

Montreal	10	11	8	29
N.Y. Islanders	11	9	13	33

Goal (shots-saves) — Montreal: Budaj (L,1-2-0); N.Y. Islanders: Nabokov (2-2), DiPietro (W,2-1-2)(7:55 first)(27-24).
Power plays (goals-chances) — Montreal: 1-4; N.Y. Islanders: 0-3.
Referees — Mike Leggo, Dan O'Rourke. **Linesmen** — Tim Nowak, Ryan Galloway.
Att. — 9,928 (16,234) Uniondale, N.Y.

PREDATORS 4, MAPLE LEAFS 1

First Period
1. Nashville, Erat 4 (Kostitsyn, Fisher) 5:48
Penalties — None.
Second Period
2. Toronto, Liles 3 (Lupul, Bozak) 10:36 (pp)
3. Nashville, Suter 4 (Kostitsyn, Weber) 12:42
Penalties — Frattin Tor (hooking) 4:42, Hillen Nash (high-sticking) 9:17, Bozak Tor (slashing) 14:17.
Third Period
4. Nashville, Erat 5 (Fisher, Kostitsyn) 2:05
5. Nashville, Halischuk 5 (Suter) 19:37 (en)
Penalties — Tootoo Nash (tripping) 2:30, Lupul Tor (high-sticking) 3:25, Rosehill Tor (fighting), McGrattan Nash (fighting, misconduct) 7:02.
Shots on goal by

Toronto	9	8	22	39
Nashville	3	14	5	22

Goal — Toronto: Scrivens (L,2-3-1); Nashville: Rinne (W,10-4-3).
Power plays (goals-chances) — Toronto: 1-2; Nashville: 0-3.
Referees — Stephane Auger, Paul Devorski.
Linesmen — Pierre Racicot, Brad Lazarowich.
Att. — 16,135 (17,113) at Nashville, Tenn.

SCORING LEADERS

	G	A	PT
Kessel, Tor	13	12	25
Vanek, Buf	11	12	23
D.Sedin, Vcr	6	17	23
Giroux, Pha	11	11	22
Pominville, Buf	7	15	22
Ma.Hossa, Chi	8	13	21
Kopitar, LA	8	13	21
P.Kane, Chi	7	14	21
H.Sedin, Vcr	6	15	21
Neal, Pgh	12	8	20
Seguin, Bos	11	9	20
Versteeg, Fla	9	11	20
Backstrom, Wash	5	15	20
Lupul, Tor	9	10	19
Benn, Dal	5	14	19
Stamkos, TB	11	7	18
Skinner, Car	7	11	18
P.Sharp, Chi	6	12	18
Smyth, Edm	10	7	17
Toews, Chi	10	7	17
Eriksson, Dal	9	8	17
Pavelski, SJ	9	8	17
Elias, NJ	7	10	17
T.Fleischmann, Fla	7	10	17
Jagr, Pha	6	11	17

Last night's games not included

CFL PLAYOFFS

DIVISION FINALS

Sunday's games
All times Eastern
EAST
Hamilton at Winnipeg, 1 p.m.
WEST
Edmonton at B.C., 4:30 p.m.

99TH GREY CUP

Sunday, Nov. 27
At Vancouver
East vs. West champion, 6:30 p.m.

NFL

WEEK 11

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
New England	6	3	0	.667	259	200
Buffalo	5	4	0	.556	229	218
N.Y. Jets	5	5	0	.500	228	217
Miami	2	7	0	.222	158	178

SOUTH

	W	L	T	Pct	PF	PA
Houston	7	3	0	.700	273	166
Tennessee	5	4	0	.556	186	172
Jacksonville	3	6	0	.333	115	166
Indianapolis	0	10	0	.000	131	300

NORTH

	W	L	T	Pct	PF	PA
Pittsburgh	7	3	0	.700	220	179
Baltimore	6	3	0	.667	225	152
Cincinnati	6	3	0	.667	212	164
Cleveland	3	6	0	.333	131	183

WEST

	W	L	T	Pct	PF	PA
Oakland	5	4	0	.556	208	233
Denver	5	5	0	.500	205	247
San Diego	4	5	0	.444	216	228
Kansas City	4	5	0	.444	141	218

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Giants	6	3	0	.667	218	211
Dallas	5	4	0	.556	223	182
Philadelphia	3	6	0	.333	220	203
Washington	3	6	0	.333	136	178

SOUTH

	W	L	T	Pct	PF	PA
New Orleans	7	3	0	.700	313	228
Atlanta	5	4	0	.556	212	196
Tampa Bay	4	5	0	.444	156	233
Carolina	2	7	0	.222	190	237

NORTH

	W	L	T	Pct	PF	PA
Green Bay	9	0	0	1.000	320	186
Detroit	6	3	0	.667	252	184
Chicago	6	3	0	.667	237	187
Minnesota	2	7	0	.222	179	244

WEST

	W	L	T	Pct	PF	PA
San Francisco	8	1	0	.889	233	138
Seattle	3	6	0	.333	144	202
Arizona	3	6	0	.333	183	213
St. Louis	2	7	0	.222	113	223

Byes: Houston, Indianapolis, New Orleans, Pittsburgh
Last night's result
Denver 17, N.Y. Jets 13
Sunday's games
All times Eastern
Tampa Bay at Green Bay, 1 p.m.
Oakland at Minnesota, 1 p.m.
Carolina at Detroit, 1 p.m.
Dallas at Washington, 1 p.m.
Jacksonville at Cleveland, 1 p.m.
Cincinnati at Baltimore, 1 p.m.
Buffalo at Miami, 1 p.m.
Arizona at San Francisco, 4:05 p.m.
Seattle at St. Louis, 4:05 p.m.
San Diego at Chicago, 4:15 p.m.
Tennessee at Atlanta, 4:15 p.m.
Philadelphia at N.Y. Giants, 8:20 p.m.
Monday's game
Kansas City at New England, 8:30 p.m.

HOCKEY

CHL/RUSSIA SUPER SERIES

Last night's result
All times Eastern
At Moose Jaw, Sask.
Russia 7 WHL 5
Wednesday's result
At Regina
WHL 5 Russia 2

AHL

Last night's result
Peoria 4 Lake Erie 3 (SO)
Wednesday's results
Oklahoma City 5 Rockford 4
Rochester 3 Syracuse 2
Springfield 3 Worcester 2 (OT)

CURLING

CANADIAN MIXED CURLING CHAMPIONSHIP

At Sudbury, Ont.

Province (Skip)	W	L
y-Alberta (Balderston)	11	2
x-Saskatchewan (Ackerman)	9	4
x-New Brunswick (Robichaud)	9	4
B.C. (Marshall)	8	5
Ontario (M.Homan)	8	5
Quebec (Ferland)	8	5
P.E.I. (Gallant)	7	5
Manitoba (Grassie)	7	5
Northern Ont. (Assad)	7	6
N.W.T. (Moss)	6	7
Nova Scotia (Sutherland)	4	8
N.L. (Alcock)	3	9
Nunavut (Sattelberger)	1	11
Yukon (Hamilton)	0	12

Yesterday's results
Draw 16
Alberta 7 Northern Ontario 4
Northwest Territories 5 Manitoba 4
Nova Scotia 9 Nunavut 5
P.E.I. 8 Newfoundland and Labrador 7 (EE)
Saskatchewan 8 New Brunswick 2
Draw 17
British Columbia 12 Ontario 4
Newfoundland and Labrador 10 Nunavut 3
Quebec 9 Northwest Territories 3
Saskatchewan 5 Alberta 3
Draw 18
British Columbia 8 Northwest Territories 5
New Brunswick 8 Quebec 6
Nova Scotia 7 Yukon 4
Ontario 9 Northern Ontario 8

FOOTBALL

CIS PLAYOFFS

Tonight's games
All times Eastern

UTECK BOWL
At Moncton, N.B.
McMaster vs. Acadia, 6:30 p.m.

MITCHELL BOWL
Laval at Calgary, 9:30 p.m.
Friday, Nov. 25

VANIER CUP
At Vancouver
Uteck vs. Mitchell Bowl winners, 9 p.m.

GOLF

PRESIDENTS CUP

At Melbourne, Australia
Yesterday's results
FOURSOMES
UNITED STATES 4, INTERNATIONAL 2
Bubba Watson and Webb Simpson, United States, def. Ernie Els and Ryo Ishikawa, International, 4 and 2.
Bill Haas and Nick Watney, United States, halved with Geoff Ogilvy and Charl Schwartzel, International.
Dustin Johnson and Matt Kuchar, United States, halved with Aaron Baddeley and Jason Day, International.
Phil Mickelson and Jim Furyk, United States, def. Retief Goosen and Robert Allenby, International, 4 and 3.
Hunter Mahan and David Toms, United States, def. K.T. Kim and Y.E. Yang, International, 6 and 5.
Adam Scott and K.J. Choi, International, def. Tiger Woods and Steve Stricker, United States, 7 and 6.

TRANSACTIONS

MLB

LEAGUE OFFICE — Approved the sale of the Houston Astros from Drayton McLane to the ownership group led by Jim Crane. Approved Larry Baer as control person of the San Francisco Giants.

NATIONAL LEAGUE

CHICAGO CUBS — Named Dale Sveum manager.
NEW YORK METS — Named Wally Backman manager of Buffalo (IL). Agreed to terms with 1B Val Pascucci and C/OF Vinny Rottino on minor league contracts.
SAN DIEGO PADRES — Named Alonzo Powell assistant hitting coach.

CFL

WINNIPEG BLUE BOMBERS — Released WR Terence-Jeffers Harris.

NHL

NHL — Named Stephane Quintal manager of player safety.
BUFFALO SABRES — Called up D T.J. Brennan from Rochester (AHL).
CALGARY FLAMES — Loaned C Mitch Wahl to Hamilton (AHL).
CAROLINA HURRICANES — Recalled D Justin Faulk from Charlotte (AHL). Assigned F Zac Dalpe to Charlotte.
CHICAGO BLACKHAWKS — Recalled F Ben Smith from Rockford (AHL). Assigned F Rostislav Olesz to Rockford (AHL).
DETROIT RED WINGS — Reassigned D Gleason Fournier from Toledo (ECHL) to Grand Rapids (AHL).
MINNESOTA WILD — Called up D Kris Fredheim from Houston (AHL).

SOCCER

MLS PLAYOFFS

MLS CUP
Sunday's game
At Carson, Calif.
All times Eastern
Houston vs. Los Angeles, 9 p.m.

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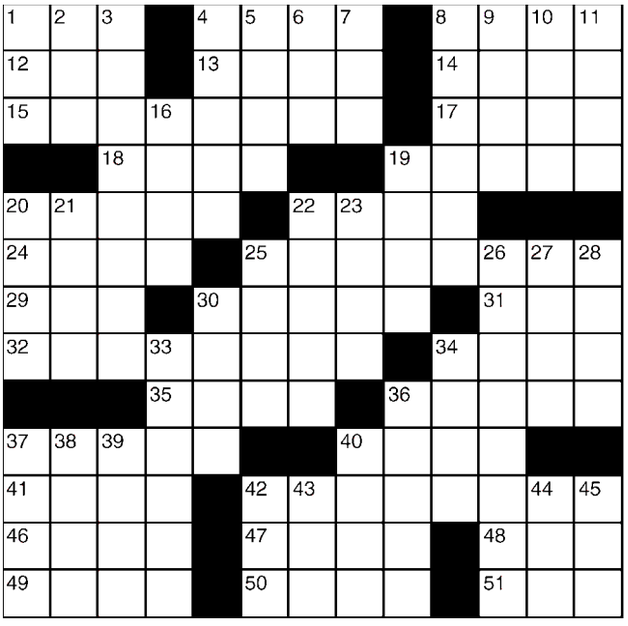
Crossword



Across

1 Moment
4 Secondhand
8 Tousle
12 401(k) alternative
13 Nevada city
14 Exam format
15 Utensil made from a gourd shell
17 Data, for short
18 Open slightly
19 Surround
20 Jordan's capital
22 Categorize
24 Wheedle
25 Aerosol vessel
29 Pitch
30 Corn
31 Consumed
32 Thick-bladed dagger
34 Turn the soil
35 Don Juan's mother
36 Soil samples rich in clay
37 Big glitch
40 Throat clearer
41 Grown-up nits
42 Poison ivy aid
46 Culture medium
47 Burden
48 Sawbuck
49 Anything but that
50 Crimson Tide school
51 Nevertheless

Down

1 (Uncorrected)
2 Mound stat
3 Trattoria dish
4 City-related
5 Burn somewhat
6 Type measures
7 Homer's interjection
8 Half
9 Coffee shop vessels
10 Well-protected
11 Coin aperture
16 Trojan War hero
19 Highland hillside
20 New Testament book
21 Castle protection
22 Olympic swimming legend Mark
23 Rice-shaped pasta
25 Fill fully
26 Dire situation
27 Fermi's bit
28 11 o'clock broadcast
30 Carte
33 Longtime convicts
34 Verse
36 Tibet's capital
37 Venetian blind part
38 In the offing
39 Exotic berry
40 Grad
42 Stocky horse
43 Santa —winds
44 Born
45 Tolkien character

▶ Thursday's answer

D	E	C	O		P	E	G		H	E	R	O		
A	S	A	P		A	A	A		U	P	O	N		
F	A	R	E		I	T	S		M	I	T	E		
T	U	R	N	O	N		T	A	P	S				
			A	F	T	E	R	S	H	O	C	K		
T	R	A	I	T		P	I	P		D	O	E		
H	E	I	R		D	O	C		E	I	R	E		
E	E	R		B	I	G		E	X	C	E	L		
A	F	T	E	R	S	H	A	V	E					
		I	M	A	M		F	A	C	I	A	L		
E	R	G	O		I	D	O		U	R	G	E		
B	A	H	T		S	I	R		T	O	E	S		
B	Y	T	E		S	E	E		E	N	D	S		

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today's horoscope

♈ Aries March 21-April 20 Use your charm to get what you need today – but make sure what you need is good for other people too.

♉ Taurus April 21-May 21 Be on your guard and make sure you don't fall for any misinformation.

♊ Gemini May 22-June 21 You are worrying too much, but if it bothers you that much, get it checked out by an expert.

♋ Cancer June 22-July 22 Romantically this is a time of great opportunity, so don't be shy.

♌ Leo July 23-Aug.23 If there is a project you still have not finished you might as well forget it.

♍ Virgo Aug. 24- Sept. 22 Don't sit at home waiting for life to come to you – go out and meet it halfway.

♎ Libra Sept. 23-Oct. 23 If you let things drift or let other people call the shots you could find yourself out of touch and maybe out of pocket too.

♏ Scorpio Oct. 24-Nov. 22 Make the most of your chances over the next few days.

♐ Sagittarius Nov. 23-Dec. 21 There are still a number of important loose ends that need to be tied up.

♑ Capricorn Dec. 22-Jan. 20 Whatever extraordinary ideas pop into your head over the next 24 hours you must follow them through to their conclusion.

♒ Aquarius Jan. 21-Feb. 18 Act now. Not tomorrow or next week or the week after that but now, this very minute.

♓ Pisces Feb. 19-March 20. Your confidence has been high over the past few weeks but already you can sense that a more challenging phase will soon be upon you. That's OK. You need to be pushed and the planets always push you in the right direction. **SALLY BROMPTON**

Sudoku

5						6	3	
	9	8			6			
		3			9	4		
6				4			1	
	7	5				2	8	
	8			7				5
		7	1			8		
			4			1	7	
	1	9						6

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Thursday's answer ▶

8	9	2	4	7	3	1	6	5
3	5	6	2	8	1	7	9	4
4	7	1	5	6	9	2	3	8
1	4	8	6	9	7	5	2	3
7	2	5	3	4	8	9	1	6
6	3	9	1	5	2	8	4	7
2	6	3	8	1	5	4	7	9
5	1	7	9	3	4	6	8	2
9	8	4	7	2	6	3	5	1

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Nyx, You still live in my heart. Pl. don't be shy to say hi, hug or kiss when you see me:):)
ADONIS

To the girl in the fox mask, from the moment i saw you with your fox mask on i knew you were the one. i've only known you for two weeks and i only have four weeks left in training to tell you how i really feel. You're the only reason i can get out of bed at 6:30 and be in a good mood for work.
SPEARS

Angel from Austria,
I wish I could and would spend more time with - we should go on a date for our sixth, you are all I need and seek, a kiss from my lips to your cheek, think of me when you go back and things look bleak.
LITTLE JESSE

A look at the weather

FRIDAY	SATURDAY	SUNDAY
Min -13°	Min -19°	Min -12°
Max -13°	Max -14°	Max -5°

Andrew Schultz, Meteorologist
BT BREAKFAST TELEVISION

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1. Changed colour of street sign 2. Doubled the blue frame in the bottom left window 3. Added sign to telephone pole left of the 2012 Chevrolet Equinox 4. Removed flower bed from top windowsill 5. Added manhole below the 2012 Chevrolet Equinox 6. Added orange reflector onto the 2012 Chevrolet Equinox 7. Filled in bottom frame of the corner window 8. Removed one-way sign 9. Changed colour of fire hydrant 10. Removed horizontal brace from roof of the building

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